

PSYCHIATRIC HOSPITALS

2019 Hospital Profile

Psychiatric hospitals are licensed by the Department of Mental Health (DMH) for psychiatric services, and by the Department of Public Health (DPH) for substance abuse services. Psychiatric hospitals offer mental health services, substance abuse disorder treatments, and inpatient, outpatient, and partial hospitalization. 54% of psychiatric patient discharges in FY19 were from psychiatric hospitals, while 46% of psychiatric discharges were from acute hospitals. Six of the eleven psychiatric hospitals earned a profit in FY19. High Point Hospital closed in FY19 and Hospital for Behavioral Medicine, a new psychiatric hospital opened in FY19 with first data reporting for FY20.

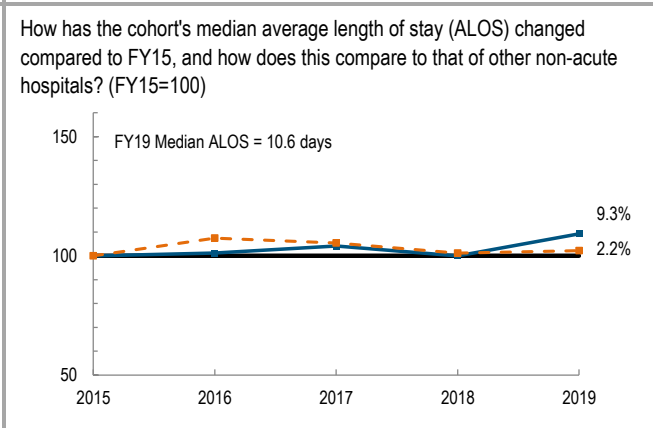
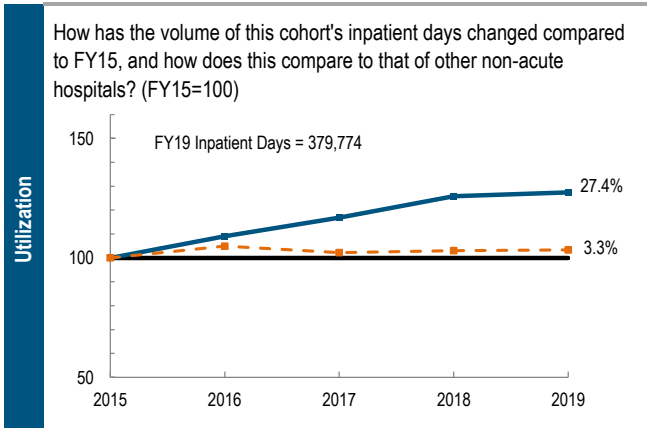
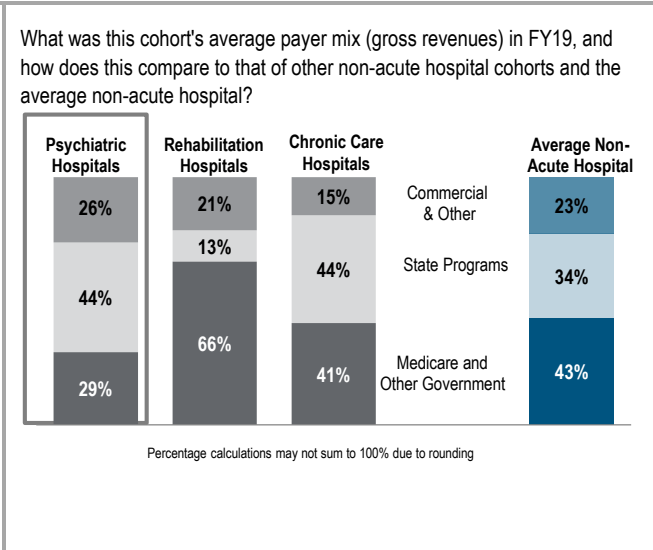
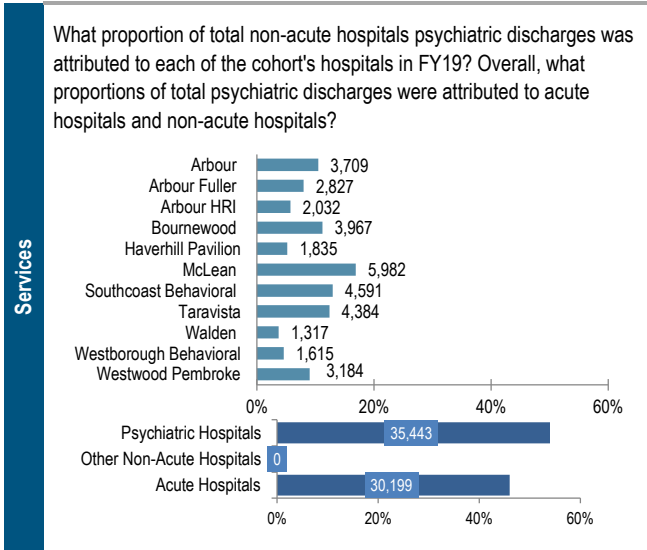
Hospitals in Cohort:	
Arbour Hospital	Southcoast Behavioral Hospital
Arbour Fuller Hospital	Taravista Behavioral Health
Arbour HRI Hospital	Walden Behavioral Care
Bournewood Hospital	Westborough Behavioral Healthcare Hospital
Haverhill Pavilion Behavioral Health Hospital	Westwood Lodge Pembroke
McLean Hospital	

Total Beds:		Average Public Payer Mix:	
1,233 (33.2% of total non-acute hospitals)		73.7%, < total non-acute hospitals (77.3%)	

Median % Occupancy:		Total Gross Patient Service Revenue:	
91.2%, > total non-acute hospitals (79.5%)		\$820 million (28.9% of total non-acute hospitals)	

Total Inpatient Days:		Inpatient: Outpatient Gross Patient Service Revenue:	
379,774 (36.5% of total non-acute hospitals)		87%:13% (total non-acute hospitals = 86%:14%)	

Total Inpatient Discharges:	
35,443 (57.5% of total non-acute hospitals)	



For descriptions of the metrics, please see Technical Appendix.

Key:

- Cohort
- Total Non-Acute

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Utilization Trends	Volume of Inpatient Days				
	FY15	FY16	FY17	FY18	FY19
Arbour	42,121	39,681	45,926	46,648	46,287
Arbour Fuller	31,014	32,239	33,846	35,683	35,686
Arbour HRI	19,280	20,898	21,303	21,720	21,582
Bournewood	31,495	31,819	31,613	31,242	33,855
Haverhill Pavilion	18,806	20,336	18,959	20,249	18,740
McLean	59,988	65,845	69,022	71,044	72,915
Southcoast Behavioral	#	23,139	33,010	40,156	47,186
Taravista	^	^	8,568	27,540	37,277
Walden	16,554	16,564	16,390	16,378	16,530
Westborough Behavioral	+	+	+	8,637	14,918
Westwood Pembroke	71,348	61,064	48,581	34,593	34,798

Utilization Trends	Average Length of Stay (Days)				
	FY15	FY16	FY17	FY18	FY19
Arbour	11.8	11.9	12.2	11.3	12.5
Arbour Fuller	11.9	12.0	12.6	11.8	12.6
Arbour HRI	9.4	9.6	9.5	9.8	10.6
Bournewood	8.3	8.5	8.8	8.2	8.5
Haverhill Pavilion	10.1	8.8	8.4	9.6	10.2
McLean	10.4	10.9	10.9	11.5	12.2
Southcoast Behavioral	#	10.1	10.6	9.2	10.3
Taravista	^	^	7.8	9.2	8.5
Walden	10.8	24.7	22.4	12.5	12.6
Westborough Behavioral	+	+	+	8.8	9.2
Westwood Pembroke	11.3	11.7	11.9	10.2	10.9

Utilization Trends	Volume of Outpatient Visits				
	FY15	FY16	FY17	FY18	FY19
Arbour	40,470	38,934	40,979	45,908	54,754
Arbour Fuller	18,410	22,071	24,955	27,127	28,653
Arbour HRI	13,493	20,956	22,325	18,240	19,888
Bournewood	27,593	29,322	30,301	30,915	38,179
Haverhill Pavilion	5,338	7,687	7,886	7,367	0
McLean	115,719	107,208	105,599	97,282	100,933
Southcoast Behavioral	#	0	0	0	0
Taravista	^	^	0	0	0
Walden	0	0	0	0	0
Westborough Behavioral	+	+	+	1,762	2,445
Westwood Pembroke	79,679	86,275	68,120	9,824	6,711

Patient Revenue Trends	Net Inpatient Revenue per Patient Day				
	FY15	FY16	FY17	FY18	FY19
Arbour	\$728	\$782	\$730	\$744	\$754
Arbour Fuller	\$644	\$651	\$688	\$779	\$820
Arbour HRI	\$743	\$819	\$722	\$817	\$800
Bournewood	\$753	\$817	\$829	\$858	\$903
Haverhill Pavilion	\$834	\$920	\$940	\$929	\$892
McLean	\$1,184	\$1,238	\$1,260	\$1,257	\$1,257
Southcoast Behavioral	#	\$770	\$817	\$835	\$831
Taravista	^	^	\$973	\$778	\$846
Walden	\$1,119	\$873	\$872	\$894	\$901
Westborough Behavioral	+	+	+	\$795	\$908
Westwood Pembroke	\$747	\$784	\$745	\$780	\$814

Patient Revenue Trends	Total Net Outpatient Revenue (in millions)				
	FY15	FY16	FY17	FY18	FY19
Arbour	\$6.4	\$5.2	\$5.7	\$6.5	\$7.0
Arbour Fuller	\$4.8	\$5.0	\$5.6	\$6.0	\$6.8
Arbour HRI	\$5.0	\$4.8	\$5.3	\$5.4	\$6.1
Bournewood	\$4.3	\$2.7	\$2.8	\$2.8	\$3.4
Haverhill Pavilion	\$0.6	\$1.1	\$1.1	\$1.0	\$0.0
McLean	\$45.4	\$50.0	\$48.5	\$44.2	\$47.1
Southcoast Behavioral	#	0	0	0	0
Taravista	^	^	0	0	0
Walden	0	0	0	0	0
Westborough Behavioral	+	+	+	\$0.5	\$0.8
Westwood Pembroke	\$7.7	\$7.4	\$5.9	\$1.9	\$2.1

Financial Performance	Total Revenue, Cost, and Profit (Loss) in FY2019				
	Operating Revenue	Total Revenue	Costs	Income (Loss)	Total Margin
Arbour	\$42.8	\$42.8	\$42.7	\$0.2	0.4%
Arbour Fuller	\$37.1	\$37.1	\$29.8	\$7.2	19.5%
Arbour HRI	\$23.7	\$23.7	\$21.9	\$1.8	7.7%
Bournewood	\$35.2	\$37.9	\$32.6	\$5.3	13.9%
Haverhill Pavilion	\$16.7	\$16.7	\$18.0	-\$1.3	-8.1%
McLean	\$205.9	\$205.9	\$250.2	-\$44.3	-21.5%
Southcoast Behavioral	\$39.9	\$39.9	\$32.6	\$7.3	18.3%
Taravista	\$32.9	\$32.9	\$34.9	-\$2.0	-6.1%
Walden	\$37.2	\$38.2	\$38.6	-\$0.4	-1.1%
Westborough Behavioral	\$14.3	\$14.3	\$23.3	-\$9.1	-63.5%
Westwood Pembroke	\$31.0	\$31.0	\$23.5	\$7.5	24.2%

opened FY16, ^ opened FY17, + opened FY18