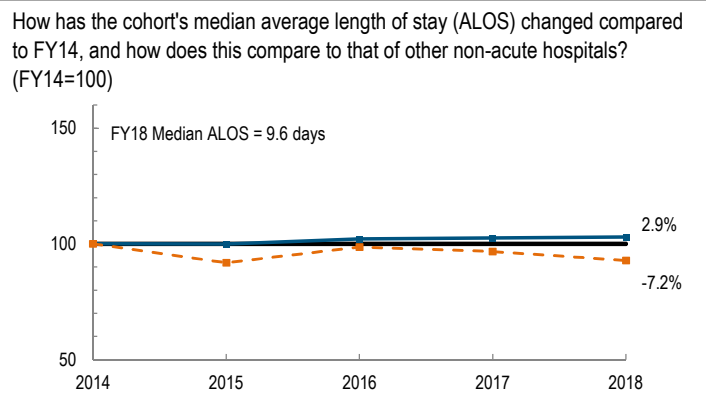
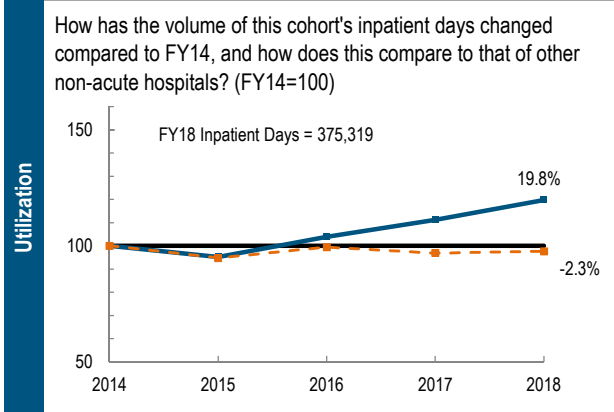
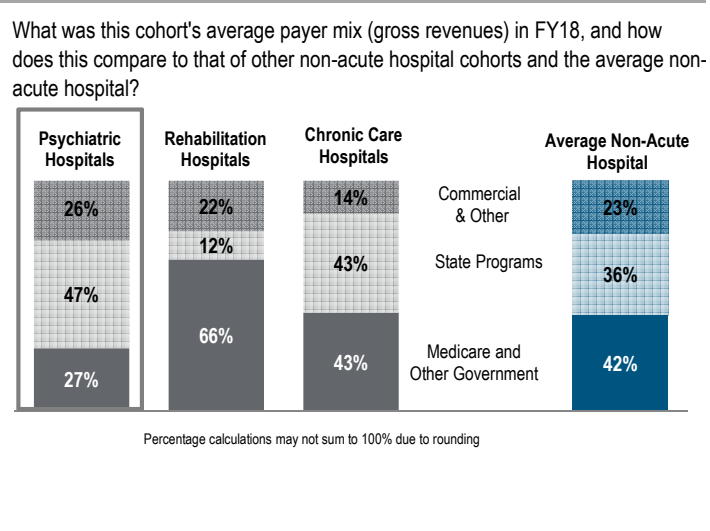
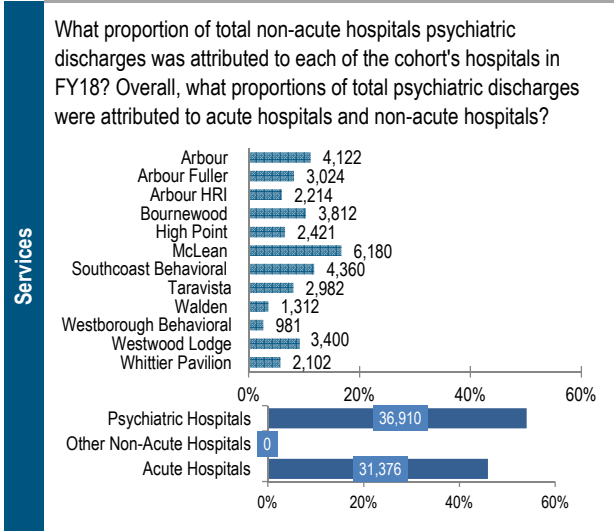


PSYCHIATRIC HOSPITALS

2018 Hospital Profile

Psychiatric Hospitals are licensed by the Department of Mental Health (DMH) for psychiatric services, and by the Department of Public Health (DPH) for substance abuse services. Psychiatric Hospitals offer mental health services, substance abuse disorder treatments, and both inpatient and outpatient services. With the addition of Westborough Behavioral Healthcare Hospital opening in FY18, there were now 12 Psychiatric Hospitals in Massachusetts. Inpatient days increased 19.8% at Psychiatric Hospitals between FY14 and FY18. 54% of psychiatric patient discharges in FY18 were from Psychiatric Hospitals, while 46% of psychiatric discharges were from acute hospitals. Seven of the twelve Psychiatric Hospitals earned a profit in FY18.

At a Glance	Hospitals in Cohort:	
	Arbour Hospital	Southcoast Behavioral Hospital
	Arbour-Fuller Hospital	Taravista Behavioral Health
	Arbour-HRI Hospital	Walden Behavioral Care
	Bournewood Hospital	Westborough Behavioral Healthcare Hospital
	High Point Hospital	Westwood Lodge
	McLean Hospital	Whittier Pavilion
	Total Beds:	
	1,277 (31.9% of total non-acute hospitals)	73.9%, < total non-acute hospitals (77.2%)
	Median % Occupancy:	
89.5%, > total non-acute hospitals (77.2%)	Total Gross Patient Service Revenue:	
	\$813 million (29.1% of total non-acute hospitals)	
Total Inpatient Days:		
375,319 (36.2% of total non-acute hospitals)	Inpatient:Outpatient Gross Patient Service Revenue:	
	88%:12% (total non-acute hospitals = 87%:13%)	
Total Inpatient Discharges:		
36,910 (58.8% of total non-acute hospitals)		



For descriptions of the metrics, please see Technical Appendix.



PSYCHIATRIC HOSPITALS

2018 Hospital Profile

Utilization Trends	Volume of Inpatient Days				
	FY14	FY15	FY16	FY17	FY18
Arbour	44,074	42,121	39,681	45,926	46,648
Arbour Fuller	32,176	31,014	32,239	33,846	35,683
Arbour HRI	18,672	19,280	20,898	21,303	21,720
Bournewood	30,903	31,495	31,819	31,613	31,242
High Point	Opened in FY16	13,760	21,234	21,429	
McLean	58,070	59,988	65,845	69,022	71,044
Southcoast Behavioral	Opened in FY16	23,139	33,010	40,156	
Taravista	Opened in FY17		8,568	27,540	
Walden	16,479	16,554	16,564	16,390	16,378
Westborough Behavioral	Opened in FY18			8,637	
Westwood Lodge	79,849	71,348	61,064	48,581	34,593
Whittier Pavilion	19,525	18,806	20,336	18,959	20,249

Utilization Trends	Average Length of Stay (Days)				
	FY14	FY15	FY16	FY17	FY18
Arbour	12.2	11.8	11.9	12.2	11.3
Arbour Fuller	11.0	11.9	12.0	12.6	11.8
Arbour HRI	9.4	9.4	9.6	9.5	9.8
Bournewood	8.3	8.3	8.5	8.8	8.2
High Point	Opened in FY16	5.9	9.6	8.9	
McLean	10.1	10.4	10.9	10.9	11.5
Southcoast Behavioral	Opened in FY16	10.1	10.6	9.2	
Taravista	Opened in FY17		7.8	9.2	
Walden	10.1	10.8	24.7	22.4	12.5
Westborough Behavioral	Opened in FY18			8.8	
Westwood Lodge	10.8	11.3	11.7	11.9	10.2
Whittier Pavilion	10.2	10.1	8.8	8.4	9.6

Utilization Trends	Volume of Outpatient Visits				
	FY14	FY15	FY16	FY17	FY18
Arbour	38,436	40,470	38,934	40,979	45,908
Arbour Fuller	16,071	18,410	22,071	24,955	27,127
Arbour HRI	13,912	13,493	20,956	22,325	18,240
Bournewood	22,876	27,593	29,322	30,301	30,915
High Point	Opened in FY16	*	1,885	3,434	
McLean	107,244	115,719	107,208	105,599	97,282
Southcoast Behavioral	Opened in FY16	*	*	*	
Taravista	Opened in FY17		*	*	
Walden	*	*	*	*	*
Westborough Behavioral	Opened in FY18			1,762	
Westwood Lodge	104,929	79,679	86,275	68,120	9,824
Whittier Pavilion	2,287	5,338	7,687	7,886	7,367

Patient Revenue Trends	Net Inpatient Revenue per Patient Day				
	FY14	FY15	FY16	FY17	FY18
Arbour	\$723	\$728	\$782	\$730	\$744
Arbour Fuller	\$650	\$644	\$651	\$688	\$779
Arbour HRI	\$738	\$743	\$819	\$722	\$817
Bournewood	\$757	\$753	\$817	\$829	\$858
High Point	Opened in FY16	\$815	\$605	\$658	
McLean	\$1,156	\$1,184	\$1,238	\$1,260	\$1,257
Southcoast Behavioral	Opened in FY16	\$770	\$817	\$835	
Taravista	Opened in FY17		\$973	\$778	
Walden	\$1,087	\$1,119	\$873	\$872	\$894
Westborough Behavioral	Opened in FY18			\$795	
Westwood Lodge	\$742	\$747	\$784	\$745	\$780
Whittier Pavilion	\$905	\$834	\$920	\$940	\$929

Patient Revenue Trends	Total Net Outpatient Revenue (in millions)				
	FY14	FY15	FY16	FY17	FY18
Arbour	\$7.4	\$6.4	\$5.2	\$5.7	\$6.5
Arbour Fuller	\$4.3	\$4.8	\$5.0	\$5.6	\$6.0
Arbour HRI	\$5.2	\$5.0	\$4.8	\$5.3	\$5.4
Bournewood	\$3.1	\$4.3	\$2.7	\$2.8	\$2.8
High Point	Opened in FY16	*	\$0.1	\$0.2	
McLean	\$40.5	\$45.4	\$50.0	\$48.5	\$44.2
Southcoast Behavioral	Opened in FY16	*	*	*	
Taravista	Opened in FY17		*	*	
Walden	*	*	*	*	*
Westborough Behavioral	Opened in FY18			\$0.5	
Westwood Lodge	\$7.7	\$7.7	\$7.4	\$5.9	\$1.9
Whittier Pavilion	\$0.3	\$0.6	\$1.1	\$1.1	\$1.0

Financial Performance	Total Revenue, Cost, and Profit (Loss) in FY2018				
	Operating Revenue	Total Revenue	Costs	Income (Loss)	Total Margin
Arbour	\$41.2	\$41.2	\$40.9	\$0.3	0.8%
Arbour Fuller	\$34.1	\$34.1	\$28.6	\$5.6	16.3%
Arbour HRI	\$23.2	\$23.2	\$20.8	\$2.4	10.4%
Bournewood	\$29.7	\$29.7	\$28.0	\$1.8	6.0%
High Point	\$14.3	\$14.3	\$15.6	-\$1.2	-8.5%
McLean	\$238.6	\$239.8	\$234.8	\$4.9	2.1%
Southcoast Behavioral	\$33.8	\$33.8	\$28.1	\$5.7	16.9%
Taravista	\$21.6	\$21.6	\$30.8	-\$9.2	-42.5%
Walden	\$35.2	\$35.2	\$37.1	-\$1.9	-5.3%
Westborough Behavioral	\$7.2	\$7.2	\$17.1	-\$9.9	-138.6%
Westwood Lodge	\$29.0	\$29.0	\$31.5	-\$2.5	-8.6%
Whittier Pavilion	\$22.5	\$22.5	\$22.3	\$0.1	0.6%

* Did not report any outpatient data