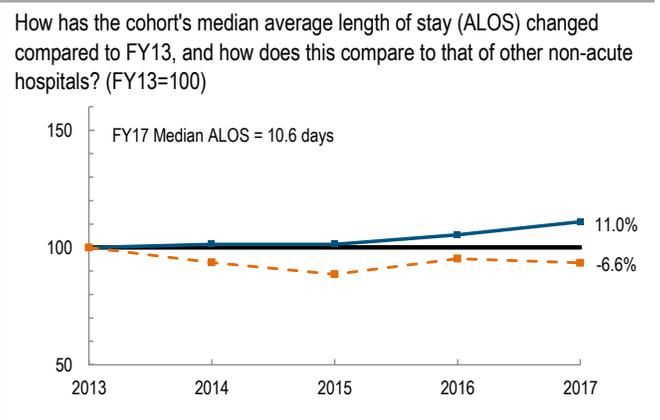
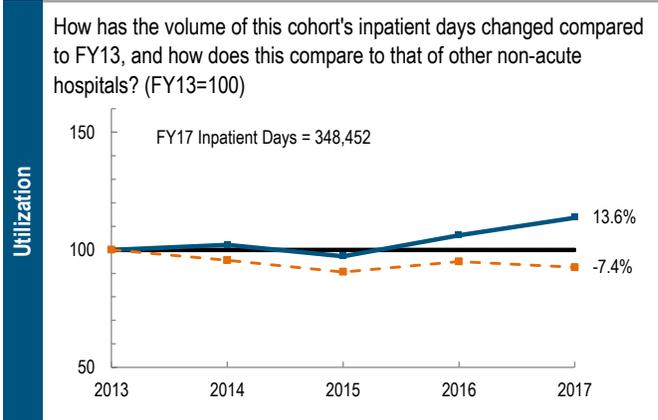
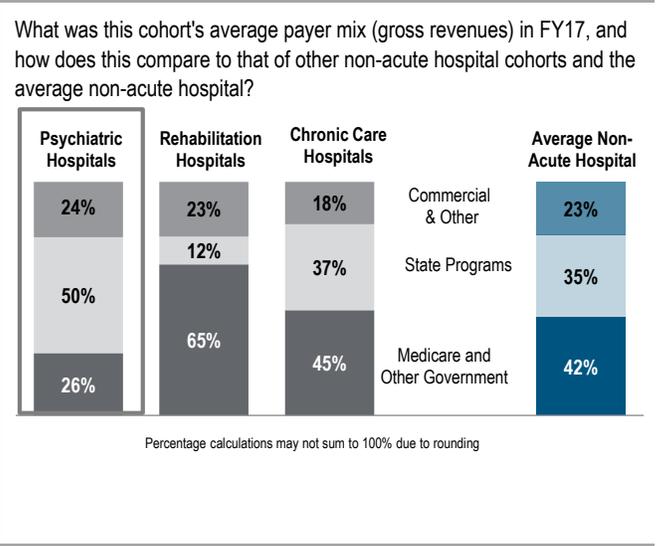
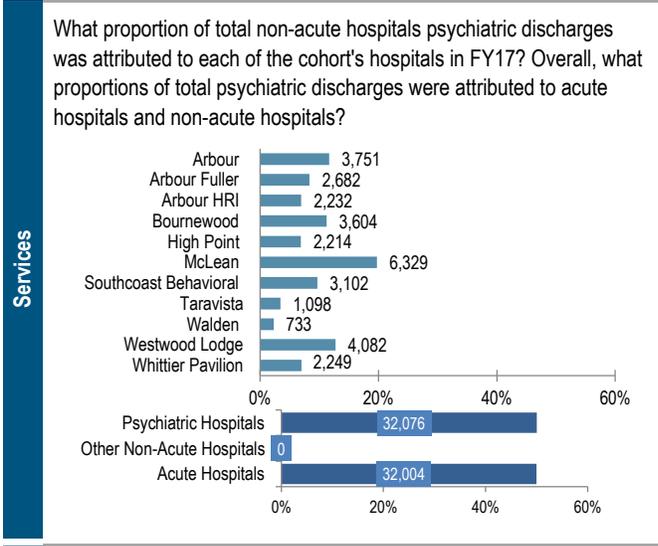


# PSYCHIATRIC HOSPITALS

## 2017 Hospital Profile

Psychiatric hospitals are licensed by the Department of Mental Health (DMH) for psychiatric services, and by the Department of Public Health (DPH) for substance abuse services. Psychiatric hospitals offer mental health services, substance abuse disorder treatments, and inpatient, sometimes outpatient, and partial hospitalization services. With the opening of Taravista Behavioral Health, there were now 11 Psychiatric hospitals in FY17 compared to 10 in FY16. Three new psychiatric hospitals opened in recent years. A fourth new psychiatric hospital, Westborough Behavioral Healthcare opened in the Fall of 2017 with initial data reporting in FY18. Psychiatric hospitals treated 50% of psychiatric discharges in FY17, while acute hospitals treated the remaining 50% of the psychiatric discharges. Six psychiatric hospitals earned a profit in FY17.

<b>At a Glance</b>	<b>Hospitals in Cohort:</b>	
	Arbour Hospital	Southcoast Behavioral Hospital
	Arbour-Fuller Hospital	Taravista Behavioral Health
	Arbour-HRI Hospital	Walden Behavioral Care
	Bournewood Hospital	Westwood Lodge
	High Point Hospital	Whittier Pavilion
	McLean Hospital	
	<b>Total Beds:</b>	
	1,250 (31.8% of total non-acute hospitals)	<b>Average Public Payer Mix:</b>
		76.2%, < total non-acute hospitals (77.2%)
<b>Median % Occupancy:</b>		
86.7%, > total non-acute hospitals (73.2%)	<b>Total Gross Patient Service Revenue:</b>	
	\$789 million (29.3% of total non-acute hospitals)	
<b>Total Inpatient Days:</b>		
348,452 (33.9% of total non-acute hospitals)	<b>Inpatient:Outpatient Gross Patient Service Revenue:</b>	
	87%:13% (total non-acute hospitals = 86%:14%)	
<b>Total Inpatient Discharges:</b>		
32,076 (54.9% of total non-acute hospitals)		



For descriptions of the metrics, please see Technical Appendix.

Key:

- Cohort
- - - Total Non-Acute

# PSYCHIATRIC HOSPITALS

## 2017 Hospital Profile

Utilization Trends	Volume of Inpatient Days				
	FY13	FY14	FY15	FY16	FY17
Arbour	44,642	44,074	42,121	39,681	45,926
Arbour Fuller	32,149	32,176	31,014	32,239	33,846
Arbour HRI	21,591	18,672	19,280	20,898	21,303
Bournewood	27,880	30,903	31,495	31,819	31,613
High Point	Opened in FY16			13,760	21,234
McLean	56,910	58,070	59,988	65,845	69,022
Southcoast Behavioral	Opened in FY16			23,139	33,010
Taravista	Opened in FY17				8,568
Walden	15,505	16,479	16,554	16,564	16,390
Westwood Lodge	80,757	79,849	71,348	61,064	48,581
Whittier Pavilion	18,792	19,525	18,806	20,336	18,959

Utilization Trends	Average Length of Stay (Days)				
	FY13	FY14	FY15	FY16	FY17
Arbour	11.1	12.2	11.8	11.9	12.2
Arbour Fuller	11.0	11.0	11.9	12.0	12.6
Arbour HRI	9.6	9.4	9.4	9.6	9.5
Bournewood	8.1	8.3	8.3	8.5	8.8
High Point	Opened in FY16			5.9	9.6
McLean	9.5	10.1	10.4	10.9	10.9
Southcoast Behavioral	Opened in FY16			10.1	10.6
Taravista	Opened in FY17				7.8
Walden	11.0	10.1	10.8	24.7	22.4
Westwood Lodge	11.4	10.8	11.3	11.7	11.9
Whittier Pavilion	10.4	10.2	10.1	8.8	8.4

Utilization Trends	Volume of Outpatient Visits				
	FY13	FY14	FY15	FY16	FY17
Arbour	37,093	38,436	40,470	38,934	40,979
Arbour Fuller	17,405	16,071	18,410	22,071	24,955
Arbour HRI	14,251	13,912	13,493	20,956	22,325
Bournewood	25,771	22,876	27,593	29,322	30,301
High Point	Opened in FY16			0	1,885
McLean	104,813	107,244	115,719	107,208	105,599
Southcoast Behavioral	Opened in FY16			*	*
Taravista	Opened in FY17				*
Walden	*	*	*	*	*
Westwood Lodge	120,269	104,929	79,679	86,275	68,120
Whittier Pavilion	102	2,287	5,338	7,687	7,886

Patient Revenue Trends	Net Inpatient Revenue per Patient Day				
	FY13	FY14	FY15	FY16	FY17
Arbour	\$698	\$723	\$728	\$782	\$730
Arbour Fuller	\$627	\$650	\$644	\$651	\$688
Arbour HRI	\$727	\$738	\$743	\$819	\$722
Bournewood	\$776	\$757	\$753	\$817	\$829
High Point	Opened in FY16			\$815	\$605
McLean	\$1,111	\$1,156	\$1,184	\$1,238	\$1,260
Southcoast Behavioral	Opened in FY16			\$770	\$817
Taravista	Opened in FY17				\$973
Walden	\$1,070	\$1,087	\$1,119	\$873	\$872
Westwood Lodge	\$717	\$742	\$747	\$784	\$745
Whittier Pavilion	\$825	\$905	\$834	\$920	\$940

Patient Revenue Trends	Total Net Outpatient Revenue (in millions)				
	FY13	FY14	FY15	FY16	FY17
Arbour	\$7.3	\$7.4	\$6.4	\$5.2	\$5.7
Arbour Fuller	\$4.4	\$4.3	\$4.8	\$5.0	\$5.6
Arbour HRI	\$5.2	\$5.2	\$5.0	\$4.8	\$5.3
Bournewood	\$2.5	\$3.1	\$4.3	\$2.7	\$2.8
High Point	Opened in FY16			\$0.0	\$0.1
McLean	\$40.7	\$40.5	\$45.4	\$50.0	\$48.5
Southcoast Behavioral	Opened in FY16			*	*
Taravista	Opened in FY17				*
Walden	*	*	*	*	*
Westwood Lodge	\$7.4	\$7.7	\$7.7	\$7.4	\$5.9
Whittier Pavilion	\$0.0	\$0.3	\$0.6	\$1.1	\$1.1

Financial Performance	Total Revenue, Cost, and Profit (Loss) in FY2017				
	Operating Revenue	Total Revenue	Costs	Income (Loss)	Total Margin
Arbour	\$39.3	\$39.3	\$37.5	\$1.8	4.6%
Arbour Fuller	\$29.2	\$29.2	\$27.2	\$2.0	6.7%
Arbour HRI	\$20.7	\$20.7	\$20.1	\$0.6	3.0%
Bournewood	\$30.0	\$30.1	\$31.8	-\$1.8	-5.9%
High Point	\$13.0	\$13.0	\$14.4	-\$1.4	-10.6%
McLean	\$229.4	\$234.2	\$226.0	\$8.2	3.5%
Southcoast Behavioral	\$26.8	\$26.8	\$26.2	\$0.6	2.1%
Taravista	\$8.4	\$8.4	\$16.7	-\$8.3	-99.3%
Walden	Data not available				
Westwood Lodge	\$42.2	\$42.2	\$51.0	-\$8.8	-20.9%
Whittier Pavilion	\$29.9	\$29.9	\$20.8	\$9.1	30.5%

\* Did not report outpatient data