### Massachusetts Acute Care Hospital Readmissions Profile: South Shore Hospital, July 2020 to June 2021 October 2023

In February 2023, the Center for Health Information and Analysis (CHIA) released Hospital-Wide Adult All-Payer Readmissions in Massachusetts: 2011-2021, its annual report on hospital-wide all-cause readmissions in the Commonwealth. That report applied the Hospital-Wide All-Cause Unplanned 30-day Readmission Measure developed by the Centers for Medicare and Medicaid Services (CMS) and the Yale Center for Outcomes Research to the adult all-payer population in the Commonwealth. It includes detailed readmission statistics for the state as a whole and hospital-specific readmission rates for Massachusetts acute care hospitals. This readmission profile series provides more in-depth information on each hospital.

This profile contains readmission statistics for South Shore Hospital presented in the context of the statewide figures and of the patient population that South Shore Hospital serves. CHIA hopes that these reports will be useful to hospitals and to other stakeholders working to reduce readmissions in the Commonwealth. The profile is based on data submitted by Massachusetts acute care hospitals to CHIA's Hospital Discharge Database (see http://www.chiamass.gov/case-mix-data/). Most of the statistics presented in this profile are available for all Massachusetts acute care hospitals in an Excel workbook from http://www.chiamass.gov/hospital-wide-adult-all-payer-readmissions-in-massachusetts/.

It is important to note a few features of the Yale/CMS readmissions methodology as modified by CHIA for Massachusetts reporting.

- The calculations reflect the all-payer population. CMS reports on Medicare Fee-for-Service patients only.
- Readmissions from South Shore Hospital back to South Shore Hospital as well as those back to other acute care hospitals in the Commonwealth are included.
- The calculations exclude primary psychiatric and obstetric discharges.
- The calculations include adults (age 18+) only.

- This profile primarily covers the state fiscal year 2021, from July 1, 2020 to June 30, 2021. Some data displays include additional years.
- Breakouts with fewer than 11 data points (e.g. discharges, readmissions, or patients) are suppressed to protect patient privacy.

Please note, the historical figures presented in this report have been updated and will not match those from earlier reports.

With the exception of the first table and the first figure on the next page, the readmission rates reported here are not risk-adjusted. The patterns and trends reported in this profile reflect this hospital's patient case-mix, practice patterns, and any licensure for providing specialized inpatient services. All analyses were based on discharge data as submitted to CHIA by Massachusetts acute care hospitals. Further detail is available in the Technical Appendix for CHIA's recent annual statewide readmissions report.

This report contains the following information profiling readmissions at South Shore Hospital. Except where indicated below, all displays cover the period from July 2020 to June 2021.

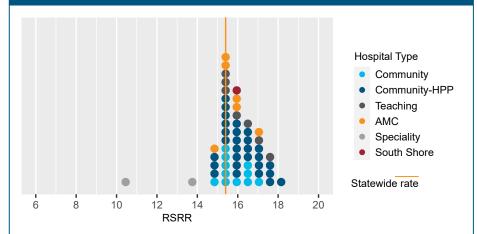
- Overview of readmissions statistics
- Risk-standardized readmission rates by hospital type
- Number of readmissions by time since discharge
- Readmission rates by age
- Readmission rates by payer type
- Readmission rates by discharge setting
- · Diagnoses with the highest numbers and rates of readmissions
- Readmissions to other hospitals
- · Readmissions among frequently hospitalized patients

#### Overview of Readmissions Statistics, July 2020 - June 2021

|                                    | South Shore | Statewide |
|------------------------------------|-------------|-----------|
| Eligible Discharges                | 20,623      | 536,709   |
| Readmissions                       | 3,432       | 82,900    |
| Readmission Rate                   | 16.6%       | 15.4%     |
| Risk-Standardized Readmission Rate | 15.8%       | 15.4%     |

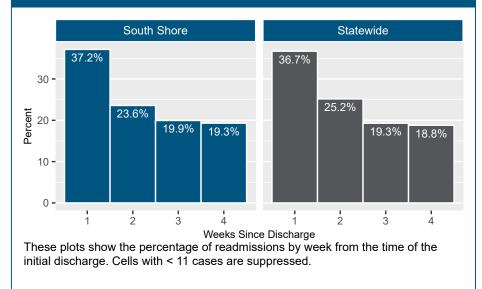
This table contains the overall readmission statistics for South Shore Hospital for state fiscal year 2021. The statewide figures are provided for comparison.

### All-Payer Risk-Standardized Readmission Rates by Hospital Type, July 2020 to June 2021

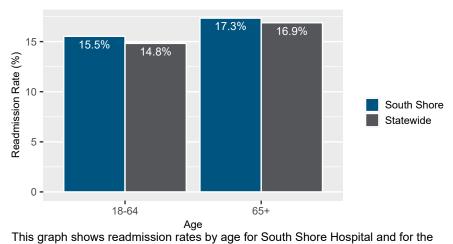


This graph shows the distribution of risk-standardized readmission rates for hospitals. South Shore Hospital is indicated by the red dot. South Shore Hospital is a hospital type of Community Hospital. Please see the statewide report for more information on hospital type.

### Length of Time Between Discharge and Readmission, July 2020 to June 2021

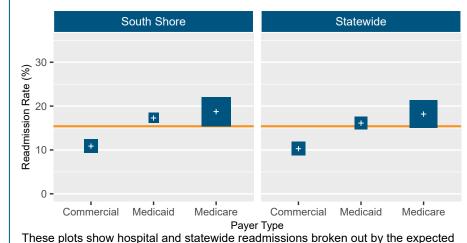


### All-Payer Readmission Rates by Age, July 2020 to June 2021



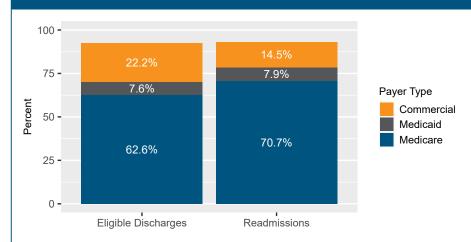
state. Cells with < 11 cases are suppressed.

# All-Payer Readmission Rate by Payer Type, July 2020 to June 2021



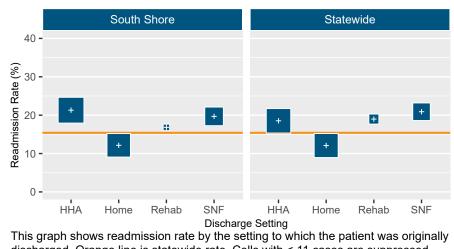
These plots show hospital and statewide readmissions broken out by the expected payer type. Vertical position of the box indicates the rate, and the size of the box is proportional to the number of readmissions. Orange line is statewide rate. Cells with < 11 cases are suppressed.

#### Payer Type Profile, July 2020 to June 2021



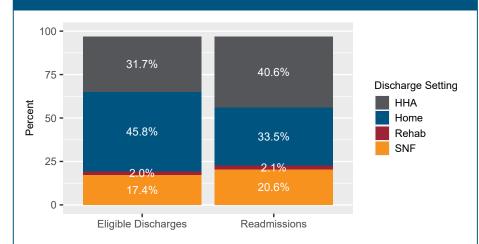
This chart compares the payer profile of all eligible discharges from South Shore Hospital to the payer profile of discharges from South Shore Hospital that resulted in a readmission. Note: "Self-Pay" and "Other" categories not shown. Cells with < 11 cases are suppressed.

### All-Payer Readmission Rate by Discharge Setting, July 2020 to June 2021



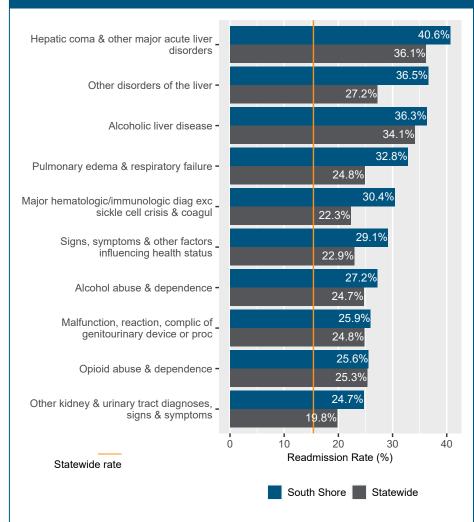
discharged. Orange line is statewide rate. Cells with < 11 cases are suppressed. Note: SNF = skilled nursing facility, HHA = home with home health agency care. Hospice category not shown.

### Discharge Setting Profile, July 2020 to June 2021



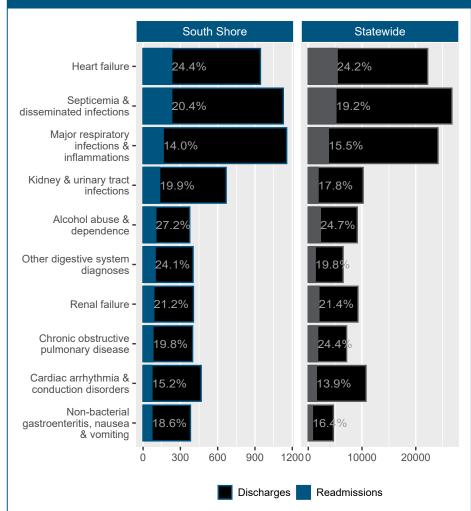
This chart compares the payer profile of all eligible discharges from South Shore Hospital to the payer profile of discharges from South Shore Hospital that resulted in a readmission. Cells with < 11 cases are suppressed. Hospice category not shown.

# Top Diagnoses with Highest Rates of Readmission, July 2020 to June 2021

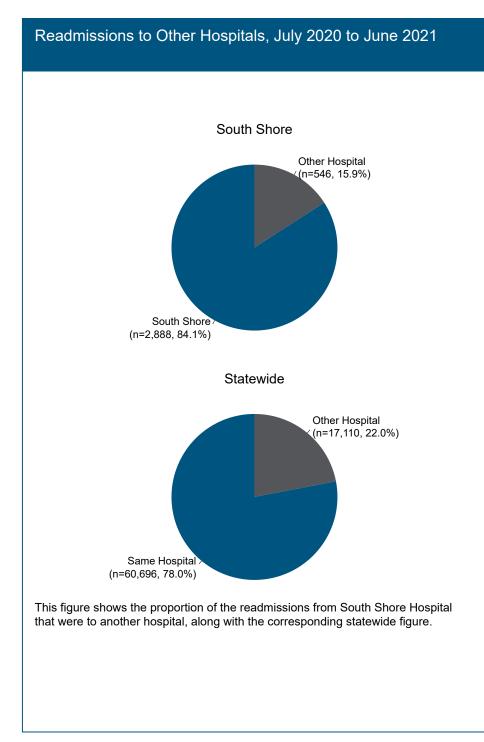


This plot shows the discharge conditions with the highest rates of readmissions for South Shore Hospital and corresponding figures for those conditions statewide. Up to the top 10 conditions are shown but only conditions with 25 or more discharges and 11 or more readmissions are included.

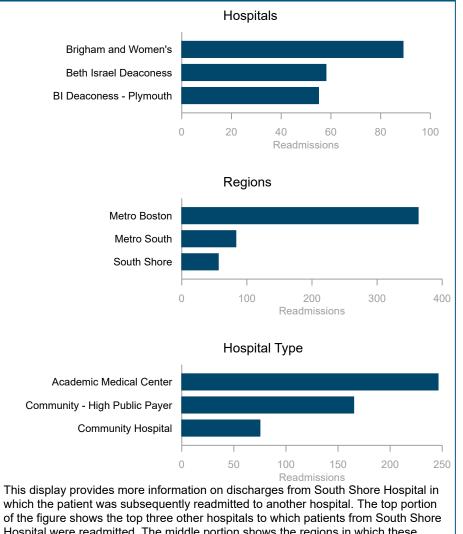
# Top Diagnoses with Highest Numbers of Readmissions, July 2020 to June 2021



These plots show the discharge conditions with the highest numbers of readmissions at South Shore Hospital and the corresponding figures for those conditions statewide. The outlined bars represent the total number of discharges for each diagnosis, and the filled-in bars show the number of readmissions. The figures next to each bar give the readmission rates. Up to the top 10 conditions are shown but only conditions with 25 or more discharges and 11 or more readmissions are included.

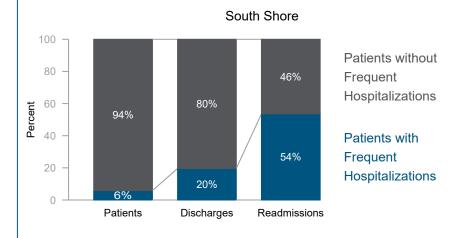


### Characteristics of Readmissions to Other Hospitals, July 2020 to June 2021

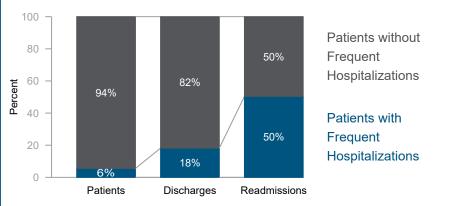


Hospital were readmitted. The middle portion shows the regions in which these patients were readmitted. The bottom portion shows the types of hopsitals to which they were readmitted. Hospital type of Specialty not shown. Each bar represents the total number of readmissions from South Shore Hospital that were readmitted to other hospitals. Due to data privacy concerns, only groups with 11 or more readmissions are listed. For definitions of the geographic regions, please see the statewide report.

# All-Payer Readmissions among Frequently Hospitalized Patients, July 2020 to June 2021



Statewide



In the statewide report, CHIA reported readmissions for frequently hospitalized patients, defined as those with four or more hospitalizations within 12 months of their most recent discharge. This chart shows the percentage of patients, discharges, and readmissions accounted for by frequently hospitalized patients at South Shore Hospital. Cells with fewer than 11 cases are suppressed and will be shown as a black bar.

#### Hospital Readmissions among Frequently Hospitalized Patients by Payer Type, July 2020 to June 2021

South Shore

|  | Number<br>of<br>Patients | Percentage<br>within<br>Group | Number of<br>Discharges | Number of<br>Readmissions | Readmission<br>Rate (%) |
|--|--------------------------|-------------------------------|-------------------------|---------------------------|-------------------------|
| Patients with<br>Frequent<br>Hospitalizations    | 761                      | 100.0%                        | 3,833                   | 1,728                     | 45.1%                   |
| Commercial                                       | 94                       | 12.4%                         | 489                     | 208                       | 42.5%                   |
| Medicare   | 620                      | 81.5%                         | 2,958                   | 1,315                     | 44.5%                   |
| Medicaid   | 36                       | 4.7%                          | 311                     | 166                       | 53.4%                   |
| Patients without<br>Frequent<br>Hospitalizations | 12,577                   | 100.0%                        | 16,027                  | 1,549                     | 9.7%                    |
| Commercial                                       | 3,488                    | 27.7%                         | 4,099                   | 291                       | 7.1%                    |
| Medicare   | 7,505                    | 59.7%                         | 9,989                   | 1,112                     | 11.1%                   |
| Medicaid   | 990                      | 7.9%                          | 1,251                   | 104                       | 8.3%                    |
| Total  | 13,338                   |                               | 19,860                  | 3,277                     | 16.5%                   |

This table shows the breakdown of frequently hospitalized patients at South Shore Hospital by payer type, and the associated readmission rates for these groups. Note: Percentages within groups may not sum to 100 because the table excludes "Self-Pay" and "Other" categories. Frequently hospitalized patients are defined as those with four or more hospitalizations within 12 months of their most recent discharge. Cells with fewer than 11 cases are suppressed to protect patient privacy. Additionally, cells that might be used to derive the contents of suppressed cells are also suppressed. All such cells are indicated by "--".

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For more information, please contact:

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