# Nashoba Valley Medical Center, A Steward Family Hospital

## 2022 Hospital Profile

#### **OVERVIEW**

| OVERVIEW                                    |                                      |   |                     |
|---|--------------------------------------|---|---------------------|
| City/Town:                                  | Ayer, MA                             | Tax Status:   | For profit          |
| Region:                                     | Northeastern Massachusetts           | Trauma Center Designation:                            | Not Applicable      |
| Hospital Type:                              | Community-High Public Payer Hospital | Total FTE's in HFY22:                                 | 323.69              |
| Total Staffed Beds in HFY22:                | 38, Small Hospital                   | FY22 Case Mix Index:                                  | 1.10                |
| Hospital System Affiliation:                | Steward Health Care                  | Public Payer Mix <sup>1</sup> :                       | 64.3%: HPP Hospital |
| Hospital System Surplus (Deficit) in HFY22: | Steward Health Care Failed to Submit | Percent of Total GPSR - Medicare/Medicaid/Commercial: | 46% / 14% / 30%     |
| Change in Ownership HFY18-HFY22:            | Not Applicable                       | CY21 Commercial Statewide Relative Price:             | 0.94                |
|   |                                      |   |                     |

#### **FINANCIAL**

| GROSS AND NET PATIENT SE                 | ERVICE REVEI<br>HFY18 | NUES (GPS<br>HFY19 | R & NPSR)<br>HFY20 | HFY21    | HFY22    |
|--|-----------------------|--------------------|--------------------|----------|----------|
| Inpatient GPSR                           | \$42.4M               | \$41.7M            | \$36.1M            | \$43.3M  | \$45.3M  |
| Outpatient GPSR                          | \$115.9M              | \$121.8M           | \$100.7M           | \$125.3M | \$144.9M |
| Total GPSR                               | \$158.3M              | \$163.6M           | \$136.8M           | \$168.6M | \$190.2M |
| Inpatient NPSR per CMAD                  | \$11,162              | \$11,346           | \$12,193           | \$11,565 | \$11,652 |
| Inpatient NPSR                           | \$20.0M               | \$19.6M            | \$19.4M            | \$22.9M  | \$24.0M  |
| Outpatient NPSR                          | \$35.5M               | \$37.5M            | \$28.2M            | \$36.6M  | \$44.9M  |
| *Data Source: CHIA Hospital Cost Reports |                       |                    |                    |          |          |

## **REVENUE & EXPENSES**

|  | HFY18    | HFY19    | HFY20     | HFY21    | HFY22    |
|--|----------|----------|-----------|----------|----------|
| Operating Revenue  | \$57.7M  | \$58.1M  | \$50.9M   | \$63.1M  | \$72.7M  |
| Non-Operating Revenue <sup>3</sup>                       | \$0.9M   | \$0.0M   | \$0.0M    | \$4.7M   | \$0.0M   |
| COVID Funding Included in Operating Revenue <sup>4</sup> | -        | -        | \$1.2M    | \$0.0M   | \$1.1M   |
| Total Revenue  | \$58.6M  | \$58.1M  | \$50.9M   | \$67.8M  | \$72.7M  |
| Total Expenses   | \$59.7M  | \$58.7M  | \$66.9M   | \$69.4M  | \$73.4M  |
| Total Surplus (Deficit)                                  | (\$1.1M) | (\$0.6M) | (\$16.0M) | (\$1.6M) | (\$0.7M) |
| Operating Margin   | (3.4%)   | (1.0%)   | (31.5%)   | (9.3%)   | (0.9%)   |
| Non-Operating Margin                                     | 1.5%     | 0.0%     | 0.0%      | 6.9%     | 0.0%     |
| Total Margin   | (1.9%)   | (1.0%)   | (31.5%)   | (2.4%)   | (0.9%)   |
| *Data Source: Standardized Financial Statements          |          |          |           |          |          |

### SOLVENCY AND LIQUIDITY

|   | HFY18  | HFY19  | HFY20    | HFY21   | HFY22  |
|---|--------|--------|----------|---------|--------|
| Total Net Assets or Equity                      | \$2.2M | \$7.1M | \$6.4M   | \$8.3M  | \$1.0M |
| Current Ratio                                   | 1.7    | 1.5    | 0.9      | 1.3     | 2.4    |
| Debt Service Coverage Ratio                     | 1.0    | 1.1    | (22.4)   | (0.4)   | 1.4    |
| Cash Flow to Total Debt                         | 2.6%   | 1.7%   | (231.5%) | (12.2%) | 3.2%   |
| Equity Financing Ratio                          | 18.8%  | 51.9%  | 44.8%    | 50.1%   | 0.9%   |
| Average Age of Plant                            | 4.0    | 9.0    | 10.0     | 8.0     | 3.0    |
| *Data Source: Standardized Financial Statements |        |        |          |         |        |

For descriptions of the metrics, please see the technical appendix

- High Public Payer Hospitals (HPP) reported a minimum of 63% of gross patient service revenue from public payers.
- <sup>2</sup> Effective HFY 2020, supplemental revenue is not included in net patient service revenue for all hospitals. Prior to HFY 2020, reporting of supplemental revenue varied by hospital.
- 3 There was an accounting change adopted by most hospitals beginning in HFY 2020 in which unrealized gains and losses on investments are now recognized as non-operating revenue.
- 4 Federal and State COVID-19 relief funding was distributed to hospitals as part of the Coronavirus Aid, Relief, and Economic Security (CARES) Act beginning in HFY2020. A portion of this funding was reported as operating revenue.
- 5 Inpatient cases and communities with less than 25 discharges have been omitted from the Top Discharges by Inpatient Case (DRG) and Top Discharges By Community charts.
  6 Steward Health Care did not provide their audited financial statements, therefore their financial data is as reported or filed.

## **UTILIZATION**

| O HEIEATION  |        |
|--|--------|
| Licensed Beds in HFY22:  | 77     |
| Available Beds in HFY22:   | 46     |
| Staffed Beds in HFY22:   | 38     |
| HFY22 Percentage Occupancy:                                      | 84.3%  |
| Inpatient Discharges in HFY22:                                   | 1,874  |
| Change HFY21-HFY22:  | 1.0%   |
| Percent of Total Region Discharges in HFY22:                     | 1.4%   |
| Percent of Statewide Total Discharges in HFY22:                  | <1%    |
| Inpatient Days in HFY22:   | 11,690 |
| Change HFY21-HFY22:  | (5.9%) |
| Percent of Total Region Inpatient Days in HFY22:                 | 1.8%   |
| Percent of Statewide Total Inpatient Days in HFY22:              | <1%    |
| Average Length of Stay in HFY22:                                 | 6.2    |
| Change HFY21-HFY22:  | (6.9%) |
| Emergency Department Visits in HFY22:                            | 16,004 |
| Change HFY21-HFY22:  | 15.9%  |
| Percent of Total Region Emergency Department Visits in HFY22:    | 3.2%   |
| Percent of Statewide Total Emergency Department Visits in HFY22: | <1%    |
| Outpatient Visits in HFY22:                                      | 39,897 |
| Change HFY21-HFY22:  | 3.2%   |
| *Data Source: CHIA Hospital Cost Reports                         |        |
|  |        |

#### **TOP DISCHARGES BY INPATIENT CASE (DRG) IN FY22**

| Inpatient Case (DRG) <sup>5</sup>             | Discharges | Percent of Total Hospital Discharges |
|---|------------|--------------------------------------|
| Major Resp Infect & Inflam                    | 154        | 8.2%                                 |
| Heart failure                                 | 96         | 5.1%                                 |
| Septicemia & Disseminated Infections          | 82         | 4.4%                                 |
| Cardiac Arrhythmia                            | 68         | 3.6%                                 |
| Major Depressive Disorders                    | 62         | 3.3%                                 |
| Chronic Obstructive Pulmonary Disease         | 59         | 3.2%                                 |
| Hip joint replacement                         | 54         | 2.9%                                 |
| Renal failure                                 | 47         | 2.5%                                 |
| Kidney & Urinary Tract Infections             | 45         | 2.4%                                 |
| Bipolar disorders                             | 45         | 2.4%                                 |
| *Data Source: CHIA Hospital Discharge Dataset |            |                                      |

## **TOP DISCHARGES BY COMMUNITY IN FY22**

| Community <sup>5</sup>                        | Discharges | Percent of Total Community Discharges |
|---|------------|---------------------------------------|
| Ayer, MA                                      | 309        | 36%                                   |
| Pepperell, MA                                 | 184        | 23%                                   |
| Groton, MA                                    | 147        | 19%                                   |
| Shirley, MA                                   | 138        | 21%                                   |
| Townsend, MA                                  | 136        | 23%                                   |
| Lunenburg, MA                                 | 117        | 11%                                   |
| Shrewsbury, MA                                | 113        | 4%                                    |
| Fitchburg, MA                                 | 71         | 2%                                    |
| Leominster, MA                                | 58         | 1%                                    |
| Littleton, MA                                 | 53         | 7%                                    |
| *Data Source: CHIA Hospital Discharge Dataset |            |                                       |

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