Massachusetts Acute Care Hospital Inpatient Discharge Data

FFY 2016-2019

December 2020



Table of Contents

Background
Executive Summary
Section 1: Introduction to Massachusetts Acute Care Hospitals
Characteristics of Massachusetts Hospitals, 2019
Massachusetts Hospitals and Their Campuses, 2019
Metro Boston Hospitals and Their Campuses, 2019
Section 2: Discharge Characteristics and Utilization
Inpatient Utilization Overview, 2016-2019
Hospital Inpatient Discharges, 2016-2019
Hospital Inpatient Discharges by Hospital Cohort, 2016-2019
Hospital Inpatient Discharges by System Affiliation, 2016-2019
Hospital Inpatient Discharges by High Public Payer Status of Hospitals, 2016-2019
Hospital Inpatient Discharges by Age Group, 2016-2019
Hospital Inpatient Discharges by Gender, 2016-2019
Hospital Inpatient Discharges by Age Group and Gender, 2016-2019
Hospital Inpatient Discharges by Race/Ethnicity, 2016-2019
Hospital Inpatient Discharges by Patient Region, 2019
Hospital Inpatient Discharges by Expected Primary Payer Type, 2016-2019
Hospital Inpatient Discharges by Expected Primary Payer Type and Age Group, 2019
Hospital Inpatient Discharges by Expected Primary Payer Type and Patient Region of Residence, 2019



Table of Contents (continued)

Hospital Inpatient Discharges by Discharge Setting, 2016-2019	28
Hospital Inpatient Discharges by Discharge Setting and Patient Region, 2019	29
Total Patient Days of Care, 2016-2019	30
Total Patient Days of Care by Hospital Cohort, 2016-2019	31
Average Length of Stay, 2016-2019	32
Average Length of Stay by Hospital Cohort, 2016-2019	33
Section 3: Intensive Care Utilization	34
Hospital Inpatient Discharges With and Without Use of Intensive Care, 2016-2019	35
Hospital Inpatient Discharges With and Without Use of Intensive Care by Hospital Cohort, 2019	36
Hospital Inpatient Discharges With and Without Use of Intensive Care by Age Group, 2019	37
Hospital Inpatient Discharges With and Without Use of Intensive Care by Expected Primary Payer Type, 2019	38
Inpatient Days of Care by Intensive Care Use, 2016-2019	39
Section 4: Type and Severity of Hospitalization	40
Hospital Inpatient Discharges by Hospitalization Type, 2016-2019	42
Hospital Inpatient Discharges by Most Common APR-DRGs, 2019	43
Hospital Inpatient Discharges by Most Common APR-DRGs among Patients Aged 0-17, 2019	44
Hospital Inpatient Discharges by Most Common APR-DRGs among Non-Obstetric Patients Aged 18+, 2019	45
Hospital Inpatient Discharges by Most Common APR-DRGs among Obstetric Patients Aged 18+, 2019	46
Most Common APR-DRGs by Expected Primary Payer Type, 2019	47



Table of Contents (continued)

Notes	57
Most Common Principal CCS Procedures among Obstetric Patients Aged 18+, 2019	56
Most Common Principal CCS Procedures among Non-Obstetric Patients Aged 18+, 2019	55
Most Common Principal CCS Procedures among Patients Aged 0-17, 2019	54
Most Common Primary CCSR Diagnoses among Obstetric Patients Aged 18+, 2019	53
Most Common Primary CCSR Diagnoses among Non-Obstetric Patients Aged 18+, 2019	52
Most Common Primary CCSR Diagnoses among Patients Aged 0-17, 2019	51
Average Length of Stay by APR-DRG Severity, 2016-2019	50
Hospital Inpatient Discharges by APR-DRG Severity, 2016-2019	49
Average Length of Stay by Most Common APR-DRGs, 2019	48

Background

Inpatient services in acute care hospitals serve a vital role in the continuum of health care services in Massachusetts, accounting for 809,048 hospital stays and nearly 4 million patient days of care in Federal Fiscal Year (FFY) 2019 (October 1, 2018 - September 30, 2019). To better understand trends in inpatient utilization, the Massachusetts Center for Health Information and Analysis (CHIA) has analyzed inpatient discharges in all acute care hospitals in Massachusetts over a four-year period, from FFY 2016 to FFY 2019. This report presents key measures of inpatient utilization overall and by hospital, patient, and discharge characteristics. It is accompanied by a databook with more detailed analyses and a technical appendix.

The source of this report is CHIA's Hospital Inpatient Discharge Database (HIDD), which contain dischargelevel inpatient data provided by all 61 acute care hospitals

in Massachusetts on patient characteristics, admission and discharge status, diagnoses, treatments, services, charges, and length of stay. Government agencies, health care providers, payers, and researchers use CHIA's HIDD for various purposes, including public health initiatives, analyses of preventable hospitalizations and readmissions, and comparative cost and outcomes research.

This report on CHIA's HIDD is the first in a new series providing analyses and trends from the Massachusetts Acute Hospital Case Mix Database. In addition to this report, CHIA is developing parallel reports for the other Case Mix databases, the Emergency Department Database (EDD) and Outpatient Observation Database (OOD), and in the future will produce data updates on a regular basis from all three sources to provide timely access to key analyses from these data as they are submitted and processed by the agency.

Discharges eligible for this report consist of those with a discharge date between October 1, 2015 and September 30, 2019. To find more information on requirements, data intake, internal processing, and data release, please see the Case Mix Data documentation provided on CHIA's website. For further information about the Massachusetts

Acute Hospital Case Mix Database (Case Mix) data, including information about data governance, data submissions, data enhancements, and use cases, please see the Overview of the Massachusetts Acute Hospital Case Mix Database (December 2019).

Executive Summary

This report on CHIA's Hospital Inpatient Discharge
Database (HIDD) is the first in a new series providing
analyses and trends from the Massachusetts Acute
Hospital Case Mix Database. This report presents key
measures of inpatient utilization overall and by hospital,
patient, and discharge characteristics.

During the period of FFY 2016 to 2019, overall acute care discharge volume remained relatively stable, while total patient days of care increased each year, reflecting a longer average length of stay for inpatient hospitalizations.

Inpatient stays for childbirth and other maternal-related care were among the most common reasons for admission, contributing to female patients representing a greater share of inpatient discharges than male patients. A growing share of hospitalizations were for older adults, with nearly 40% in FFY 2019 for those aged 65 and

older. Over ninety percent (93%) of all hospitalizations in Massachusetts were for patients with a permanent Massachusetts residence.

Nearly half of all hospitalizations had Medicare as the expected primary payer type; slightly less than one-third had commercial as their expected primary payer, and around one in five inpatient discharges had Medicaid as the expected primary payer. Discharges with an expected primary payer of Medicare increased between FFY 2016 and FFY 2019, whereas discharges for Medicaid decreased over the same period. Most inpatient stays resulted in discharge to a home setting, followed by discharges to the care of home health agencies and skilled nursing facilities. Discharges for patients living in the East Merrimack and Metro Boston regions had the highest share of discharges to a home setting, whereas the Cape and Islands and Berkshires regions had the highest shares of discharges to

skilled nursing facilities.

One in six inpatient discharges (17.5% in FFY 2019) required intensive care. Intensive care use was most common in specialty hospitals, Academic Medical Centers (AMCs), and community hospitals serving a high public payer patient population.

The most common primary diagnoses for hospital admissions other than childbirth and other maternal-related care were septicemia, heart failure, hip and knee replacements, and pneumonia. There was an increase

in severity of illness classification from FFY 2016 to FFY 2019. Excluding procedures related to maternal care and newborns, the most common primary procedure types include respiratory intubation and mechanical ventilation, hip and knee replacement, alcohol and drug rehabilitation and detoxification, blood transfusions, and upper gastrointestinal endoscopies.

CHIA will continue to monitor this important component of the health care system as hospitals continue to evolve to meet the changing needs of the residents in the Commonwealth.

SECTION 1:

Introduction to Massachusetts Acute Care Hospitals

Section 8 of Chapter 12C of the Massachusetts
General Laws grants CHIA authority to collect data from
Massachusetts hospitals. CHIA, and its predecessor
agency the Division of Health Care Finance and Policy,
have collected data from Massachusetts acute care
hospitals for more than twenty years, including inpatient,
emergency department, and outpatient observation
data. The HIDD contain discharge-level inpatient data on
patient characteristics, admission and discharge status,
diagnoses, treatments, services, charges, and length
of stay.

In FFY 2019, 61 acute care hospitals reported a total inpatient discharge volume of 809,048 discharges in the HIDD. Acute care hospitals in this report are classified using characteristics that include hospital cohort, high public payer (HPP) status, and multi-system affiliation.

- Most acute care hospitals (42 of 61) in Massachusetts are classified as community hospitals. Additionally, six hospitals are classified as AMCs, six are classified as teaching hospitals, and seven are classified as specialty hospitals.
- Over half (38 of 61) of Massachusetts acute care
 hospitals are classified as high public payer (HPP),
 meaning that the hospital received more than 63
 percent of its Gross Patient Service Revenue from
 government payers. These include Medicare,
 Medicaid, and other government payers such as the
 Massachusetts Health Safety Net. Of the 42
 community hospitals, 30 hospitals are designated
 as HPP hospitals.
- Most acute care hospitals (47 of 61) in Massachusetts are affiliated with a multi-acute hospital system,

consisting of two or more hospitals. (Note that hospitals may have multiple campuses but still be classified as individual hospitals.) In FFY 2019, there were 11 multi-hospital systems in Massachusetts, down from 12 in

FFY 2018 after the merger of CareGroup and Lahey
Health System to form Beth Israel Lahey Health as of
March 1, 2019. ■

Characteristics of Massachusetts Hospitals, 2019

Hospital Characteristic	Number of Hospitals
All Acute Care Hospitals	61
Cohort	
Academic Medical Center	6
Community Hospital	12
Community Hospital-High Public Payer	30
Teaching Hospital	6
Specialty Hospital	7
High Public Payer	
Yes	38
No	23
Tax Status	
Non-Profit/Municipal	51
For-Profit	10
System Affiliation	
Not Affiliated	14
Affiliated	47

Hospital Characteristic	Number of Hospitals
Hospital System	
Baystate Health	4
Berkshire Health Systems	2
Beth Israel Lahey Health	10
Cape Cod Healthcare	2
Heywood Healthcare	2
Partners HealthCare	9
Shriners Hospital for Children	2
Steward Health Care	8
Tenet Healthcare	2
UMass Memorial Health Care	3
Wellforce	3

Note: Hospitals may comprise one or more campuses; reporting for this table is at the hospital level. For a list of hospitals and campuses included in this report, please see the databook.

Data source: CHIA Hospital Profiles, 2019



Massachusetts Hospitals and Their Campuses, 2019



Signature Healthcare Brockton Hospital

Southcoast Hospitals Group - Charlton Memorial

32B Southcoast Hospitals Group - St. Luke's Campus

South Shore Hospital

* Please see page 12 for detailed view of hospital campuses in Metro Boston.

Note: Hospitals may comprise one or more campuses; reporting on this page is at the hospital campus level. For a list of all hospitals and campuses included in this report, please see the

Data source: CHIA Hospital Profiles, 2019 and MassGIS1



Holvoke Medical Center

Lahey Health - Addison Gilbert Hospital

Lahey Health - Beverly Hospital

Lahey Hospital & Medical Center

52

54

Sturdy Memorial Hospital

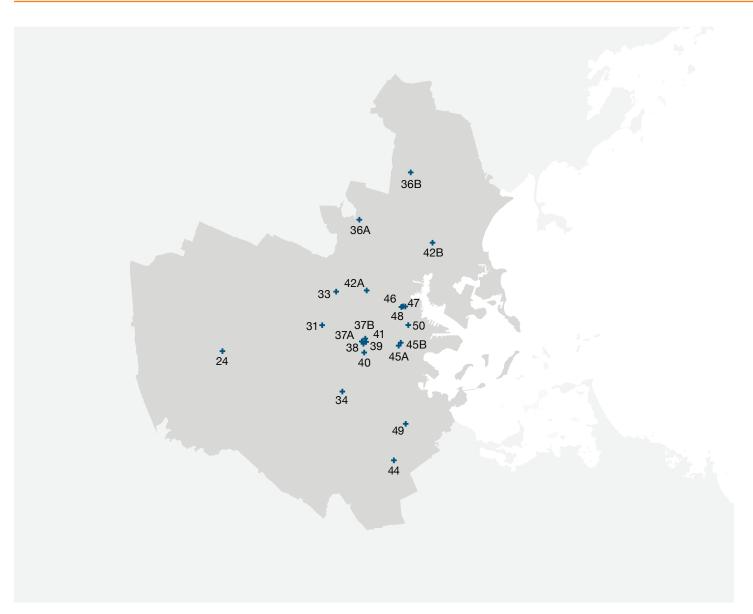
UMass Memorial Campus

Winchester Hospital

Campus

UMass Memorial Medical Center - University

Metro Boston Hospitals and Their Campuses, 2019



Hospital Campus Name

- Beth Israel Deaconess Hospital Milton
- 37B Beth Israel Deaconess Medical Center -East Campus
- 37A Beth Israel Deaconess Medical Center -West Campus
- 41 Boston Children's Hospital
- 45A Boston Medical Center Menino Pavilion
- 45B Boston Medical Center Newton Pavilion
- Brigham and Women's Faulkner Hospital
- Brigham and Women's Hospital
- 42A Cambridge Health Alliance Cambridge Hospital Campus
- 42B Cambridge Health Alliance Everett Hospital Campus
- Dana-Farber Cancer Institute
- 36A Lawrence Memorial Hospital Campus -MelroseWakefield Healthcare
- Massachusetts Eye and Ear Infirmary
- Massachusetts General Hospital
- 36B MelroseWakefield Hospital Campus -MelroseWakefield Healthcare
- Mount Auburn Hospital
- New England Baptist Hospital
- Newton-Wellesley Hospital
- Shriners Hospitals for Children Boston
- Steward Carney Hospital
- Steward St. Elizabeth's Medical Center
- Tufts Medical Center

Note: Hospitals may comprise one or more campuses; reporting on this page is at the hospital campus level. For a list of all hospitals and campuses included in this report, please see the

Data source: CHIA Hospital Profiles, 2019 and MassGIS²

SECTION 2:

Discharge Characteristics and Utilization

The total volume of inpatient discharges from Massachusetts acute care hospitals has remained relatively stable between FFY 2016 and 2019, with a change of less than 1% over the four-year period. However, the total patient days of care across all hospitals has increased by 4.7% over the same period, resulting in an increase in the average length of stay from 4.7 days in FFY 2016 to 4.9 days in FFY 2019.

Hospital Characteristics

Between FFY 2016 and 2019, over half of all inpatient discharges were from community hospitals. In FFY 2019, 38.6% of inpatient discharges were from community hospitals with a HPP designation, and 14.4% were from other community hospitals. Most other discharges were from AMCs (28.2%) and teaching hospitals (15.7%). Specialty hospitals make up the smallest share of inpatient discharges at just over 3 percent of all discharges in

each fiscal year. The share of inpatient discharges from hospitals with a HPP designation (more than 63% of all gross patient service revenue coming from government payers) has grown slightly between FFY 2016 and 2019.

Among hospital cohorts, AMCs have seen the largest relative increase in total patient days of care. An observed increase in the share of patient days of care provided by HPP hospitals is attributable to an increase in the number of hospitals designated as high public payer between FFY 2017 and FFY 2018. Specialty hospitals have the longest average length of stay among hospital cohorts at 6.5 days in FFY 2019.

Three in four inpatient discharges are from hospitals with a multi-acute hospital system affiliation. Partners HealthCare System (now known as Mass General Brigham) had the highest share of inpatient discharges among multi-hospital

systems, representing 19.7% of all inpatient discharges in FFY 2019. Beth Israel Lahey Health had the second highest share of inpatient discharges in FFY 2019 at 18.5%.

Patient Characteristics

The share of discharges for patients who are aged 65 and older has grown steadily since FFY 2016 and represented 41.3% of all discharges in FFY 2019. The number of discharges for female patients exceeded those of male patients by approximately 10 percentage points, due in part to admissions to the hospital for childbirth or other maternity-related conditions. Non-white and Hispanic populations represent a slowly growing share of inpatient discharges, consistent with racial and ethnic population trends in the Commonwealth as a whole.3

In FFY 2019, 93.4% of all inpatient discharges in the Commonwealth were for patients with a permanent residence in Massachusetts. Most inpatient discharges for out-of-state residents are residents of surrounding states in New England and New York.

Expected Primary Payer Type

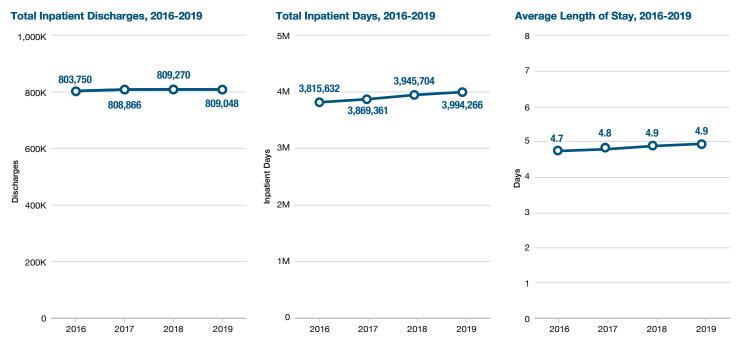
The most common expected primary payer type was Medicare, which was associated with nearly half of all discharges in FFY 2019 (45.4%). Nearly one in three discharges have commercial insurance as the expected

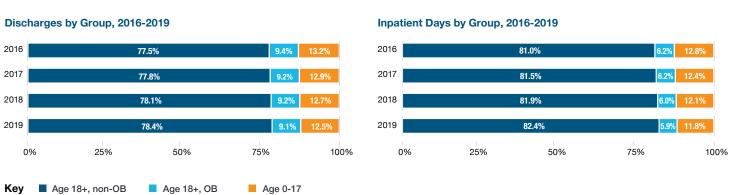
primary payer type, and around one in five discharges are associated with Medicaid as the expected primary payer type. Among patients aged 0-17 and 18-44, commercial insurance was most common, followed by Medicaid. Medicare was the most common expected primary payer type among those aged 65 and over. In FFY 2019, the Cape and Islands and Fall River regions had the highest share of discharges associated with Medicare as the expected primary payer type (58.5% and 55.0%, respectively), whereas Medicaid was most prevalent in the East Merrimack and Pioneer Valley/Franklin regions (30.5% and 27.4%, respectively). The regions with the highest share of commercial insurance were Metro West and Norwood/Attleboro (38.0% and 35.8%, respectively).

Discharge Setting

In FFY 2019, over half (54.7%) of inpatient stays resulted in a discharge to home. One in five discharges (20.8%) were discharges to home with home health care, and one in eight (12.0%) discharges were to a skilled nursing facility (SNF). Discharges for patients living in the East Merrimack and Metro Boston regions had the highest share of discharges to a home setting (57.8% and 57.6%, respectively). Discharges to HHAs were most common in the Cape and Islands region (28.8%), whereas the Cape and Islands and Berkshires regions had the highest shares of discharges to SNFs (16.9 and 15.0%, respectively).

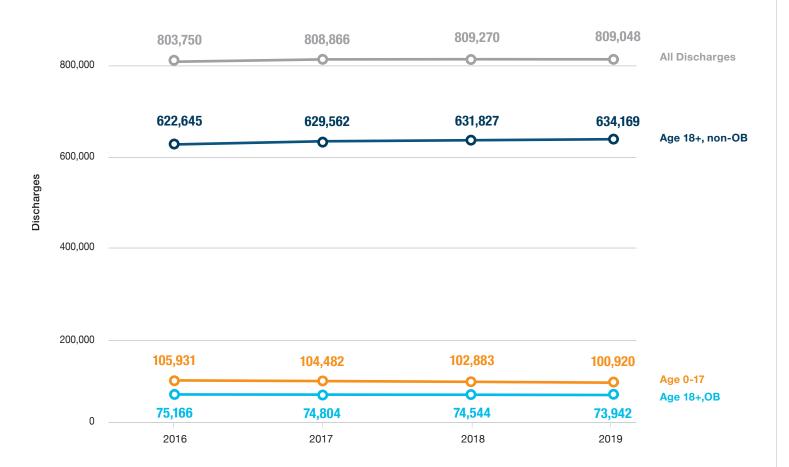
Inpatient Utilization Overview, 2016-2019





Note: Discharges were grouped into one of three groups: ages 0-17, age 18 or older with an obstetric (OB) primary diagnosis, and age 18 or older without an OB primary diagnosis. Percentages may not sum to 100% due to rounding and because they exclude discharges with missing data. The number of discharges missing data was 8 in FFY 2016, 18 in FFY 2017, 16 in FFY 2018, and 17 in FFY 2019. See technical appendix for more information.

Hospital Inpatient Discharges, 2016-2019



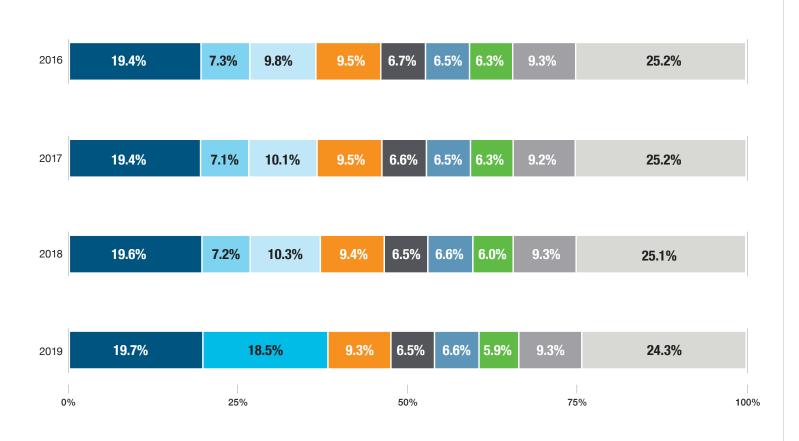
Note: Discharges were grouped into one of three obstetric groups: ages 0-17, age 18 or older with an obstetric (OB) primary diagnosis, and age 18 or older without an OB primary diagnosis. Figures may not sum to the total values because they exclude discharges with missing data. The number of discharges with missing data was 8 in FFY 2016, 18 in FFY 2017, 16 in FFY 2018, and 17 in FFY 2019. See technical appendix for more information.

Hospital Inpatient Discharges by Hospital Cohort, 2016-2019



Note: Each acute care hospital is assigned to one of five mutually exclusive hospital groups: Academic Medical Centers (AMCs), teaching hospitals other than AMCs, community-High Public Payer (HPP) hospitals, other community hospitals, and specialty hospitals. Hospital characteristics are assessed at the end of the state fiscal year. Percentages may not sum to 100% due to rounding. See technical appendix for more information.

Hospital Inpatient Discharges by System Affiliation, 2016-2019

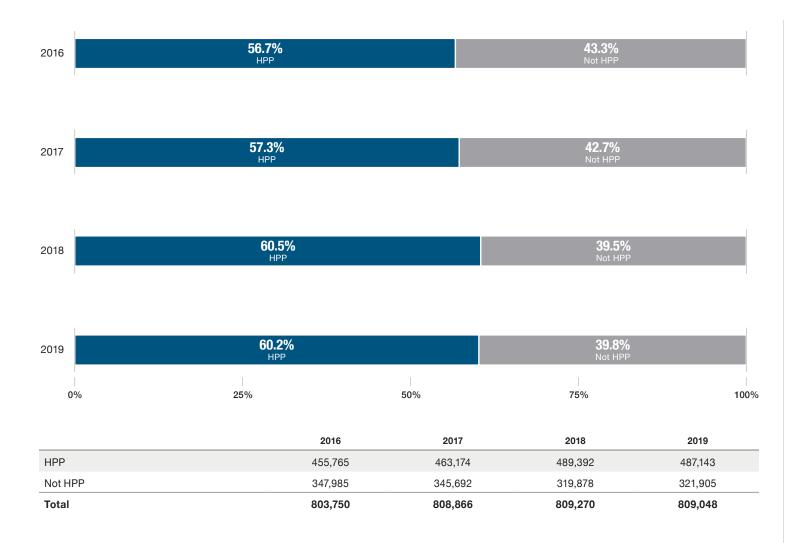


Key

- Partners HealthCare
- Beth Israel Lahey Health
- Lahey Health System
- CareGroup
- Steward Health Care
- UMass Memorial Health Care
- Baystate Health
- Wellforce
- Other Multi-Acute Health System
- Independent Health System

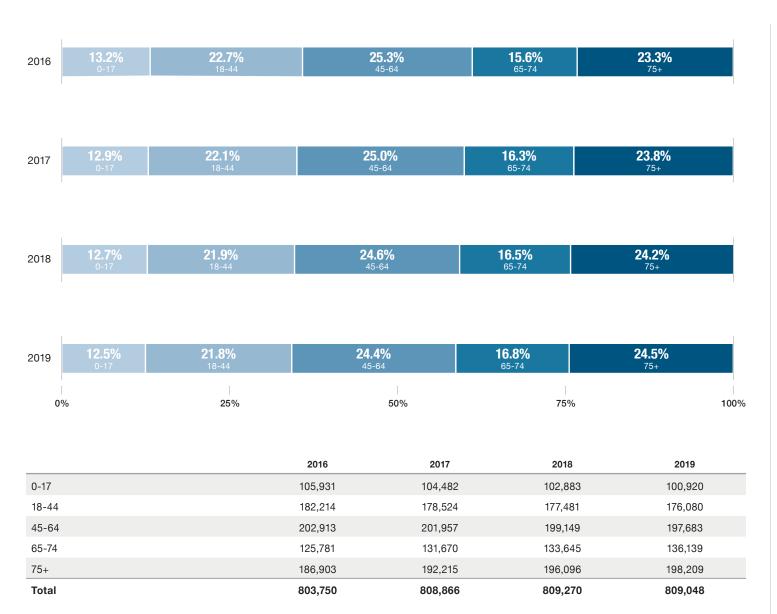
Note: CareGroup and Lahey Health System merged to form Beth Israel Lahey Health on March 1, 2019. Although FFY 2019 starts on October 1, 2018, prior to the official merger date, this report uses Beth Israel Lahey Health for all of FFY 2019. As of FFY 2020, Partners HealthCare is now known as Mass General Brigham. Percentages may not sum to 100% due to rounding.

Hospital Inpatient Discharges by High Public Payer Status of Hospitals, 2016-2019



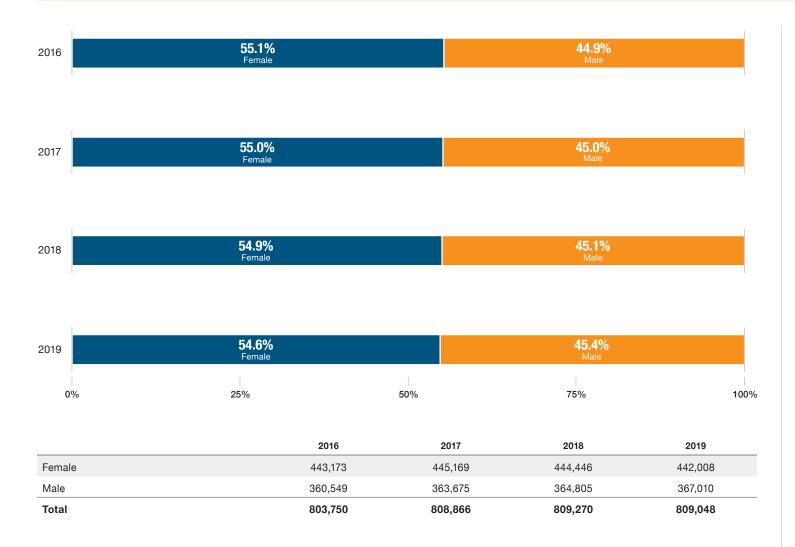
Note: The Executive Office of Health and Human Services (EOHHS) categorizes certain acute hospitals as High Public Payer (HPP) hospitals for the purpose of setting MassHealth rates. A hospital qualified for HPP status if it had 63% or more of gross patient service revenue attributed to Medicare, Medicaid, and other government payers, including the Health Safety Net. Percentages may not sum to 100% due to rounding.

Hospital Inpatient Discharges by Age Group, 2016-2019



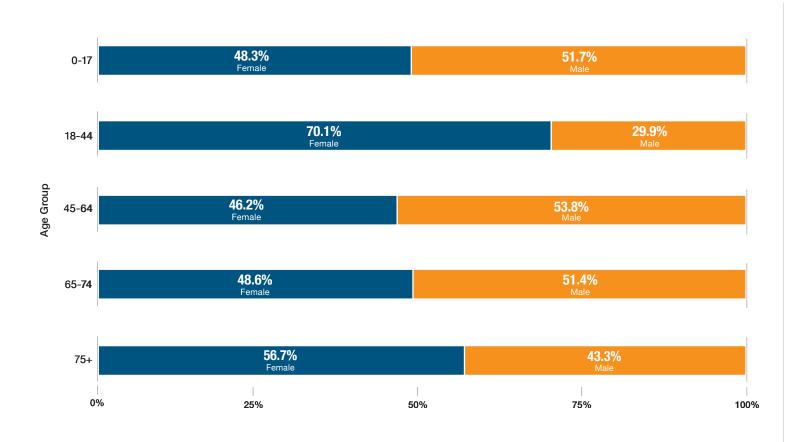
Note: Figures for age may not sum to the total values due to rounding and because they exclude discharges with missing age. The number of discharges with missing age was 8 in FFY 2016, 18 in FFY 2017, 16 in FFY 2018, and 17 in FFY

Hospital Inpatient Discharges by Gender, 2016-2019



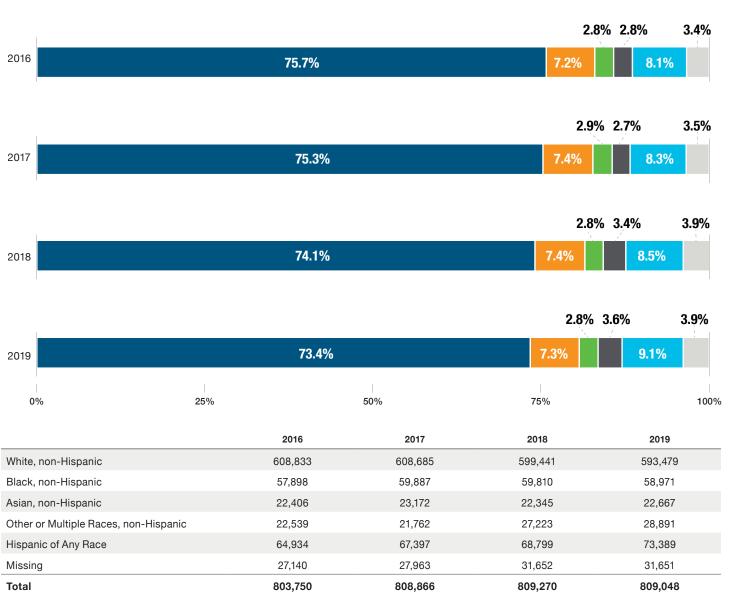
Note: Figures for male and female may not sum to the total values due to rounding and because they exclude discharges with Unknown Gender category. The number of discharges with Unknown Gender was 28 in FFY 2016, 22 in FFY 2017, 19 in FFY 2018, and 30 in FFY 2019.

Hospital Inpatient Discharges by Age Group and Gender, 2019



Note: Figures for male and female may not sum to the total values due to rounding and because they exclude discharges with Unknown Gender category. The number of discharges with Unknown Gender was 30 in FFY 2019.

Hospital Inpatient Discharges by Race/Ethnicity, 2016-2019

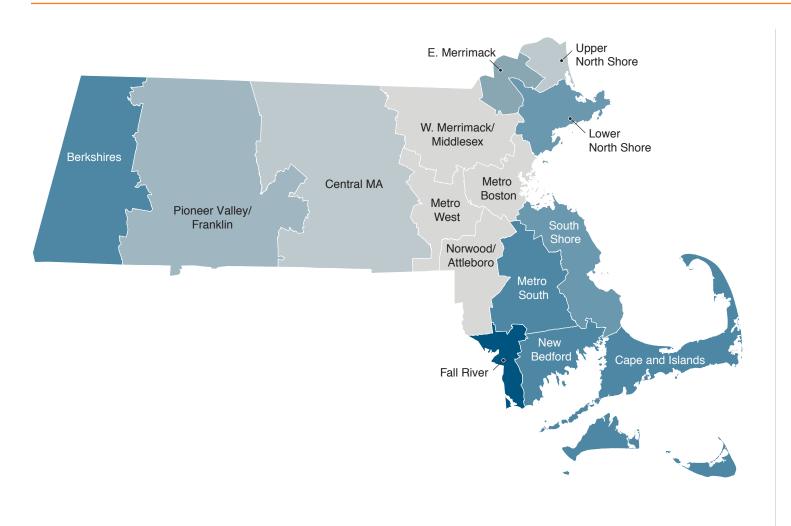


Key

- White, non-Hispanic
- Black, non-Hispanic
- Asian, non-Hispanic
- Other or Multiple Races, non-Hispanic
- Hispanic of Any Race
- Missing

Note: Percentages may not sum to 100% due to rounding. More detailed race/ethnicity categories are available in the databook accompanying this report. For category definitions, see technical appendix.

Hospital Inpatient Discharges by Patient Region, 2019

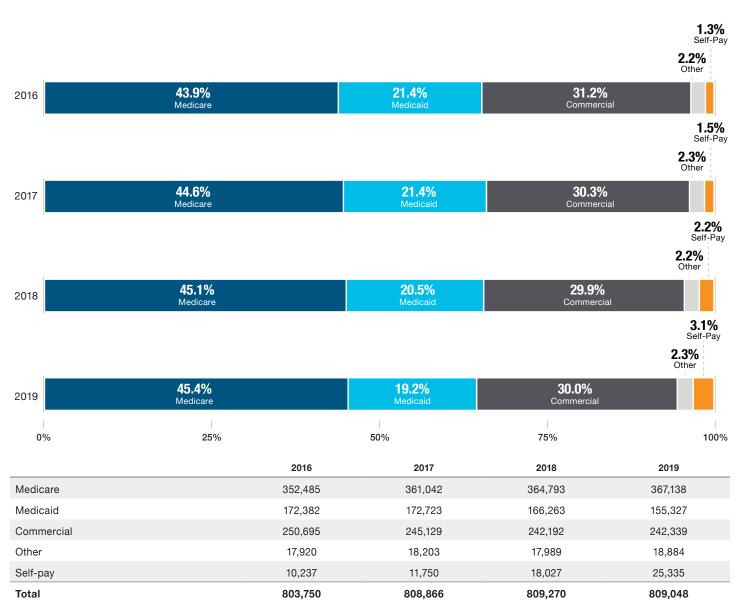


Discharges per 100,000 persons

- 9,000-9,999
- 10,000-10,999
- 11,000-11,999
- 12,000-12,999
- **13,000-13,999**
- 14,000-14,999

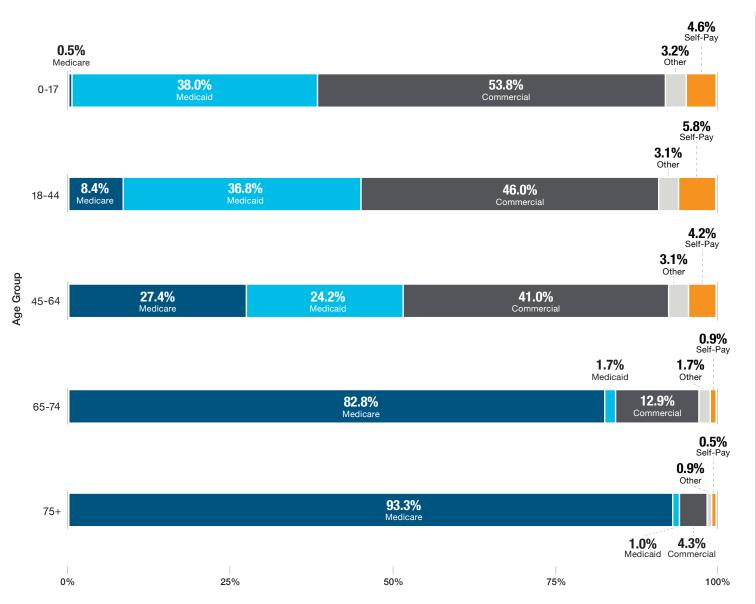
Note: Patient residence was determined from permanent address information provided on the discharge, including valid ZIP code, city/town and two-character permanent state identification codes. Discharges for permanent Massachusetts residents were assigned by ZIP code to one of 15 regions defined by the Health Policy Commission (HPC). 7,566 discharges with foreign or invalid address information are not shown. Discharge rates per 100,000 persons were based on total FFY 2019 discharges and five-year population estimates from the 2019 American Community Survey, aggregated to the region level by ZIP code tabulation areas. See technical appendix for more information.

Hospital Inpatient Discharges by Expected Primary Payer Type, 2016-2019



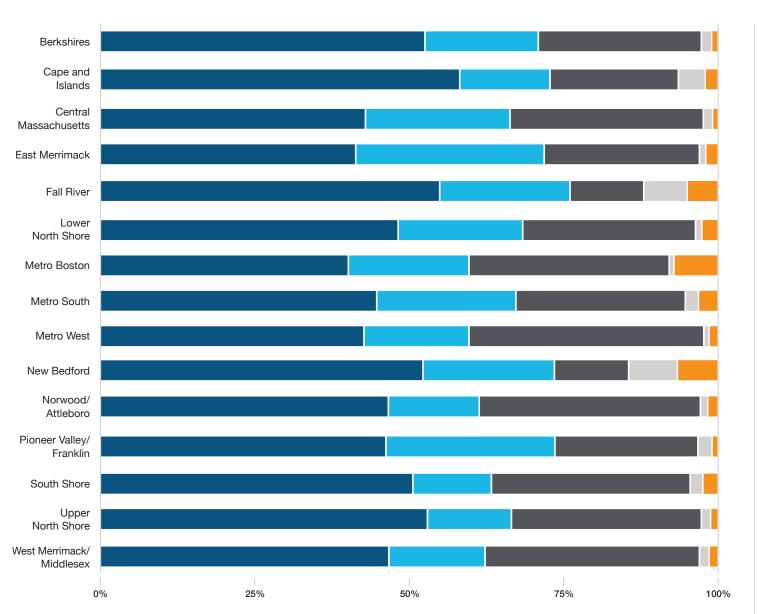
Note: Analysis includes information on expected primary payer type as provided by the hospital, and does not include information on secondary or supplemental payer information. Figures for expected primary payer type may not sum to the total values due to rounding and because they exclude discharges with missing payer type information. The number of discharges with missing expected primary payer type was 31 in FFY 2016, 19 in FFY 2017, 6 in FFY 2018, and 25 in FFY 2019. Other insurance includes Worker's Compensation, Other Government Payment, Auto Insurance, and Dental Plans. See technical appendix for more information.

Hospital Inpatient Discharges by Expected Primary Payer Type and Age Group, 2019



Note: Figures for expected primary payer type may not sum to the total values due to rounding and because they exclude discharges with missing payer type information. The number of discharges with missing expected primary payer type was 25 in FFY 2019. Other insurance includes Worker's Compensation, Other Government Payment, Auto Insurance, and Dental Plans. See technical appendix for more information.

Hospital Inpatient Discharges by Expected Primary Payer Type and Patient Region of Residence, 2019

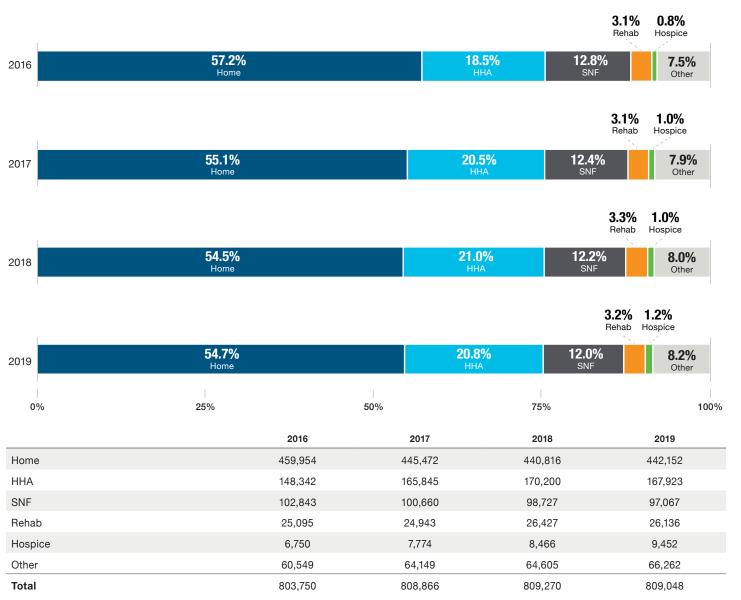


Key

- Medicare
- Medicaid
- Commercial
- Other
- Self-Pay

Note: Patient residence was determined from permanent address information provided on the discharge, including valid ZIP code, city/town and two-character permanent state identification codes. Discharges for permanent Massachusetts residents were assigned by ZIP code to one of 15 regions defined by the Health Policy Commission (HPC). Other insurance includes Worker's Compensation, Other Government Payment, Auto Insurance, and Dental Plans. 7,566 discharges with foreign or invalid address information and 25 discharges with missing expected primary payer type are not shown. See technical appendix for more information.

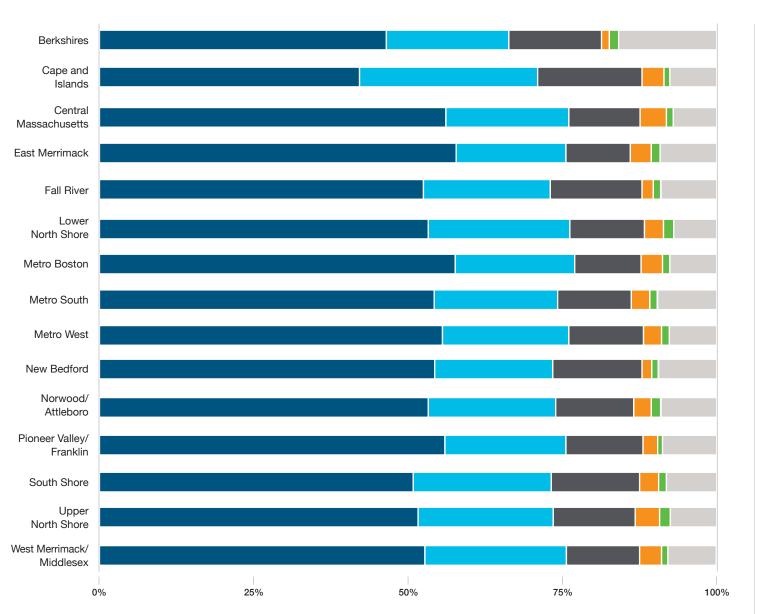
Hospital Inpatient Discharges by Discharge Setting, 2016-2019



Note: Discharge setting was classified into one of five categories: Home, Home with Home Health Agency (HHA), Skilled Nursing Facility (SNF), Rehabilitation (or rehab), Hospice, and Other. Figures for discharge setting may not sum to the total values due to rounding and because they exclude discharges with missing discharge setting information. The number of discharges with missing discharge setting was 217 in FFY 2016, 23 in FFY 2017, 29 in FFY 2018, and 56 in FFY 2019. See technical appendix for more information.



Hospital Inpatient Discharges by Discharge Setting and Patient Region, 2019





Home

HHA

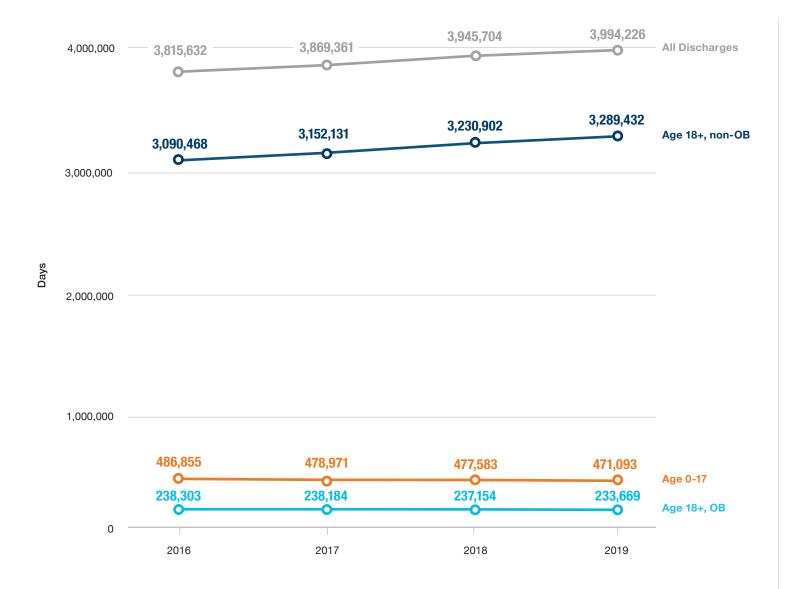
SNF Rehab

Hospice

Other

Note: Patient region of residence was calculated using the provided permanent address information including valid ZIP code, city/town and twocharacter permanent state identification codes. Discharges for permanent Massachusetts residents were assigned by ZIP code to one of 15 regions defined by the Health Policy Commission (HPC). Discharge setting was classified into one of five categories: Home, Home with Home Health Agency (HHA), Skilled Nursing Facility (SNF), Rehabilitation (or rehab), Hospice, and Other. 56 discharges missing discharge setting are not shown. See technical appendix for more information.

Total Patient Days of Care, 2016-2019



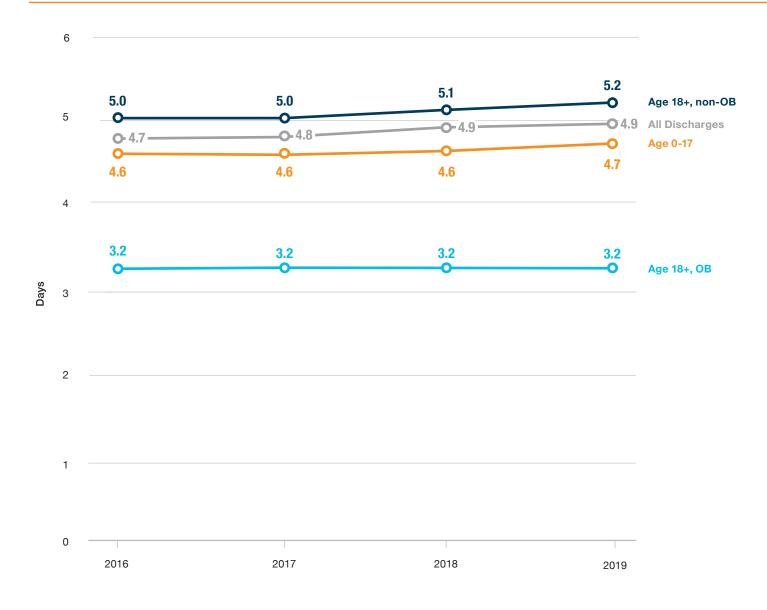
Note: Total patient days of care is an aggregate measure of the sum of the length of stay, or the days of care, associated with each discharge. Discharges were grouped into one of three obstetric groups: ages 0-17, age 18 or older with an obstetric (OB) primary diagnosis, and age 18 or older without an OB primary diagnosis. Figures for may not sum to the total values because they exclude discharges with missing data. The number of discharges with missing data was 8 in FFY 2016, 18 in FFY 2017, 16 in FFY 2018, and 17 in FFY 2019.

Total Patient Days of Care by Hospital Cohort, 2016-2019



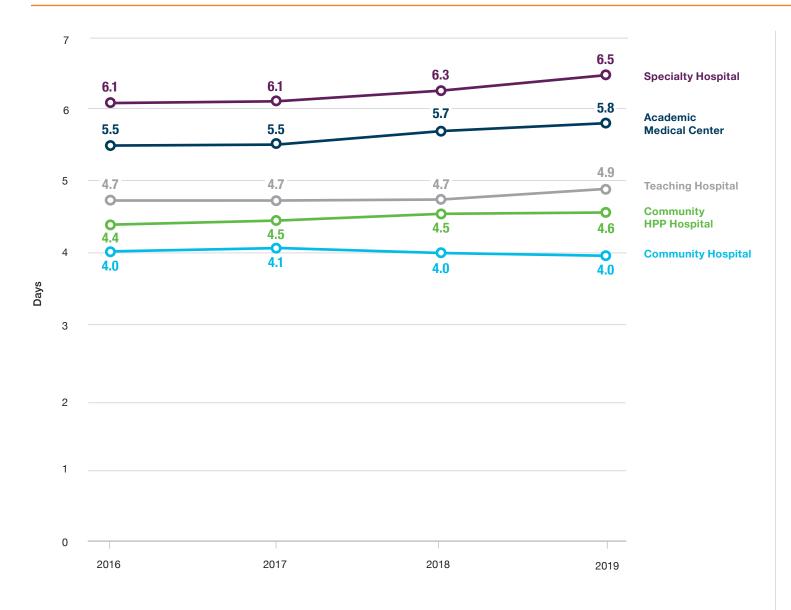
Note: Total patient days of care is an aggregate measure of the sum of the length of stay, or the days of care, associated with a discharge within a category or group. Each acute care hospital is assigned to one of five mutually exclusive hospital groups: Academic Medical Centers (AMCs), teaching hospitals other than AMCs, community-High Public Payer (HPP) hospitals, other community hospitals, and specialty hospitals. Hospital characteristics are assessed at the end of the state fiscal year. See technical appendix for more information.

Average Length of Stay, 2016-2019



Note: Length of stay (LOS) is calculated by subtracting the admission date from the discharge date. Discharges were grouped into one of three obstetric groups: age 0-17, age 18 or older with an obstetric (OB) primary diagnosis, and age 18 or older without an OB primary diagnosis. All discharges includes a small number of discharges missing age information. The number of discharges with missing information was 8 in FFY 2016, 18 in FFY 2017, 16 in FFY 2018, and 17 in FFY 2019. See technical appendix for more

Average Length of Stay by Hospital Cohort, 2016-2019



Note: Length of stay (LOS) is calculated by subtracting the admission date from the discharge date. Each acute care hospital is assigned to one of five mutually exclusive hospital groups: Academic Medical Centers (AMCs), teaching hospitals other than AMCs, community-High Public Payer (HPP) hospitals, other community hospitals, and specialty hospitals. Hospital characteristics are assessed at the end of the state fiscal year. See technical appendix for more

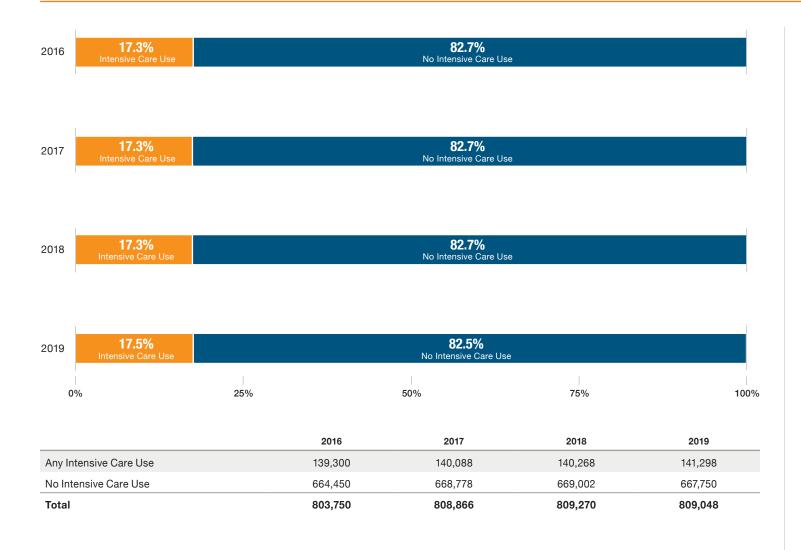
SECTION 3:

Intensive Care Utilization

A discharge was indicated as having any intensive care use if there were any charges with a revenue code associated with the Intensive Care Unit (ICU), Cardiac Care Unit (CCU), Pediatric ICU (PICU), Neonatal ICU (NICU), or any other type of intensive care. For a list of relevant revenue centers, see the technical appendix.

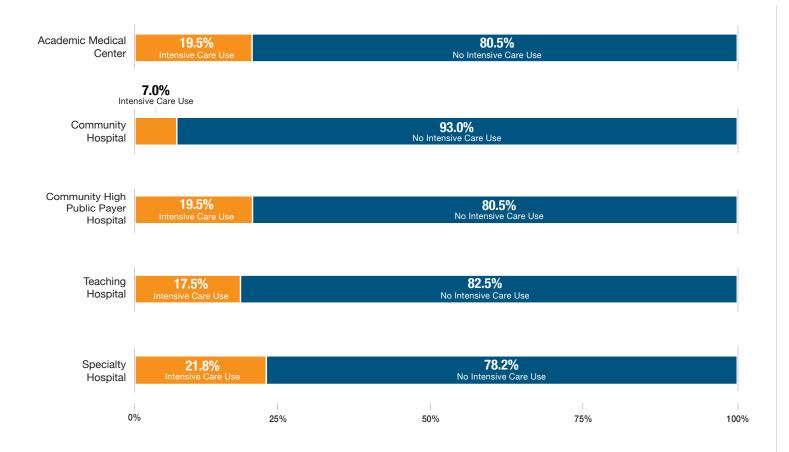
- In FFY 2019, 17.5% of discharges were associated with intensive care use, accounting for 16.6% of all days of patient care.
- Specialty hospitals had the highest share of inpatient discharges associated with intensive care use at 21.9% in FFY 2019, followed by AMCs and community hospitals with HPP status, both at 19.5% in FFY 2019. Community hospitals without HPP status had the lowest share of discharges associated with intensive care use at 7.0% in FFY 2019.
- Adults aged 18-44 had the lowest rates of intensive care use, at 9.3%, followed by newborns aged less than one year at 9.8%. This may be due in part to the fact that intensive care use was less common among hospitalizations for childbirth and other maternalrelated conditions. Other age groups had similar shares of intensive care use, at approximately one in every five discharges (20.3-22.3%).
- Intensive care use varied by expected primary payer type, with lower rates of any intensive care use among commercial insurance and Medicaid. These payers covered most maternity-related and newborn discharges in the Commonwealth.

Hospital Inpatient Discharges With and Without Use of Intensive Care, 2016-2019



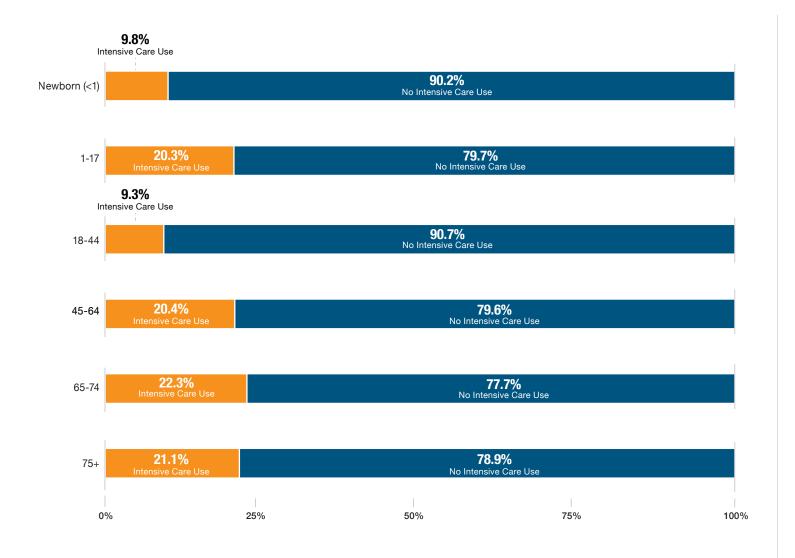
Note: A discharge was characterized as having intensive care use if the discharge had any non-zero charge for revenue codes associated with intensive care services. These include stays in the Intensive Care Unit (ICU), Coronary Care Unit (CCU), Neonatal Intensive Care Unit (NICU), Pediatric Intensive Care Unit (PICU), and other intensive care use. See technical appendix for more information.

Hospital Inpatient Discharges With and Without Use of Intensive Care by Hospital Cohort, 2019



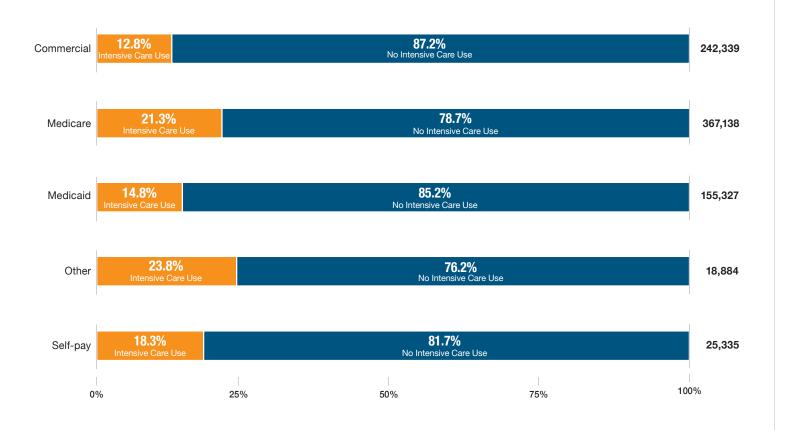
Note: Each acute care hospital is assigned to one of five mutually exclusive hospital groups: Academic Medical Centers (AMCs), teaching hospitals other than AMCs, community-High Public Payer (HPP) hospitals, other community hospitals, and specialty hospitals. Hospital characteristics are assessed at the end of the state fiscal year. A discharge was characterized as having intensive care use if the discharge had any non-zero charge for revenue codes associated with intensive care services. These include stays in the Intensive Care Unit (ICU), Coronary Care Unit (CCU), Neonatal Intensive Care Unit (NICU), Pediatric Intensive Care Unit (PICU), and other intensive care use. See technical appendix for more information.

Hospital Inpatient Discharges With and Without Use of Intensive Care by Age Group, 2019



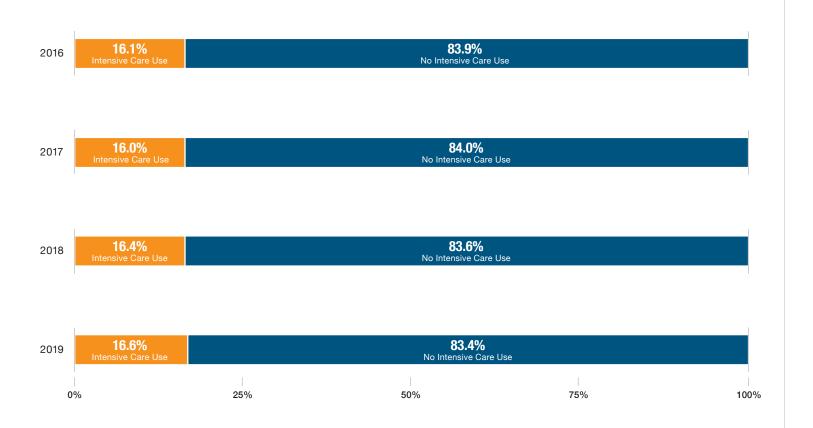
Note: A discharge was characterized as having intensive care use if the discharge had any non-zero charge for revenue codes associated with intensive care services. These include stays in the Intensive Care Unit (ICU), Coronary Care Unit (CCU), Neonatal Intensive Care Unit (NICU), Pediatric Intensive Care Unit (PICU), and other intensive care use. This analysis excludes 17 discharges missing age information. See technical appendix for more information.

Hospital Inpatient Discharges With and Without Use of Intensive Care by Expected Primary Payer Type, 2019



Note: Analysis includes information on expected primary payer type as provided by the hospital, and does not include information on secondary or supplemental payer information. Other insurance includes Worker's Compensation, Other Government Payment, Auto Insurance, and Dental Plans. A discharge was characterized as having intensive care use if the discharge had any non-zero charge for revenue codes associated with intensive care services. These include stays in the Intensive Care Unit (ICU), Coronary Care Unit (CCU), Neonatal Intensive Care Unit (NICU), Pediatric Intensive Care Unit (PICU), and other intensive care use. See technical appendix for more information.

Inpatient Days of Care by Intensive Care Use, 2016-2019



Note: The number of days of care associated with intensive care was calculated by summing the units, or days of care, associated with revenue codes corresponding to intensive care use. See technical appendix for more information.

SECTION 4:

Type and Severity of Hospitalization

Inpatient discharges were classified into one of five mutually exclusive hospitalization types based on the primary diagnosis for that hospital stay: maternal/neonatal, mental health/substance use, injury, surgical, or medical. These categories are based on a hierarchal classification developed by the Agency for Healthcare Research and Quality (AHRQ; see technical appendix for details.) In FFY 2016–2019, more than two-thirds of hospitalizations were categorized as either surgical or medical. Slightly over 7% of discharges were classified as mental health/substance use-related.

All-Patient Refined Diagnosis Related Groups (APR-DRGs) & Severity of Illness (SOI)

In 2019, three of the five most common APR-DRGs were associated with childbirth and neonatal care. Other common APR-DRGs include septicemia and related infections, heart failure, knee and hip joint replacements,

pneumonia, chronic obstructive pulmonary disease (COPD), and cardiac arrhythmia and conduction disorders. Of the most common APR-DRGs, septicemia had the longest length of stay at an average of 6 days, followed by heart failure at 5.3 days. Among the most common APR-DRGs associated with childbirth, Cesarean delivery (C-section) resulted in a longer average length of stay compared to discharges associated with a vaginal delivery (4.4 days versus 2.6 days, respectively).

SOI is a classification of the functional status of a patient, defined as the extent of physiologic decomposition or organ system loss of function. Within each APR-DRG, patients are assigned to one of four severity groups indicating minor, moderate, major, and extreme severity, respectively. From FFY 2016 to FFY 2019, despite little change in the overall volume of discharges, the share of discharges classified at major or extreme levels of severity has been increasing.

The average length of stay for those with extreme SOI was 11.6 days in FFY 2019, followed by major SOI at 5.6 days, moderate SOI at 4.0 days and minor at 2.9 days.

Diagnoses and Procedures

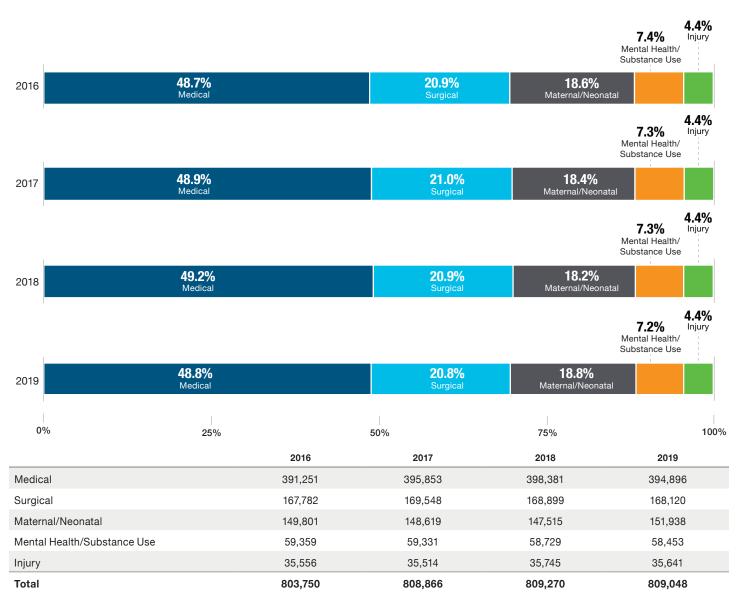
Discharges were also classified using Clinical
Classifications Software – Refined for ICD-10-CM (CCSR)
and Clinical Classifications Software for ICD-10-PCS
(CCS) as tools for grouping patient's primary diagnoses
and principal procedure codes, respectively (see technical
appendix for more information).

Childbirth was the most common primary diagnosis among patients aged 0-17 in FFY 2019. After childbirth, other common visits for this age group include respiratory conditions such as acute bronchitis, asthma, and

respiratory failure and pneumonia, depressive disorders, and epilepsy. Among the non-obstetric adult population, the most common primary diagnoses include those associated with septicemia, osteoarthritis, heart failure, pneumonia, and COPD.

In FFY 2019, some of the most common principal procedure codes were associated with childbirth and neonatal care including child delivery, C-sections, vaccinations and inoculations, and circumcision. Other common principal procedures included respiratory intubation and mechanical ventilation, knee and hip replacement, alcohol and drug rehabilitation and detoxification, blood transfusion, and upper gastrointestinal endoscopy.

Hospital Inpatient Discharges by Hospitalization Type, 2016-2019

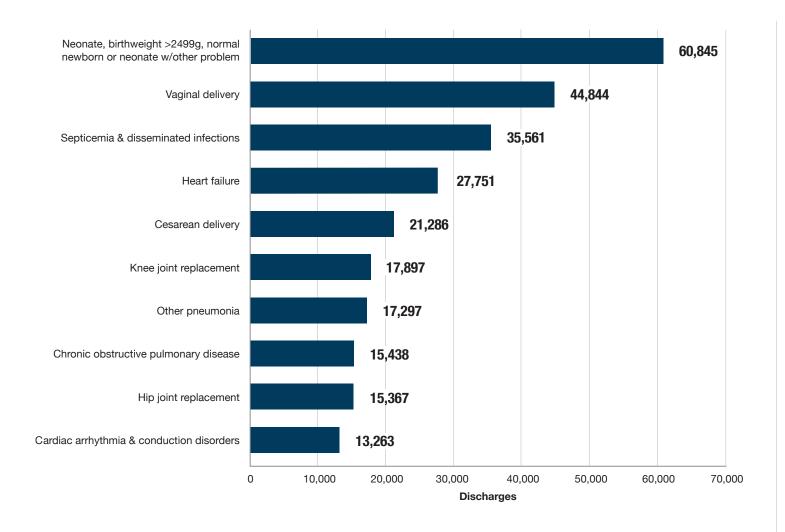


Note: Each hospitalization was assigned to a single hospitalization type hierarchically using a methodology developed by the Agency for Health Care Quality and Research. The principal diagnosis for the hospital stay was used to categorize all discharges into one of five mutually exclusive hospitalization types in the following order: maternal/neonatal, mental health/substance use, injury, surgical, and medical. Figures may not sum to totals due to rounding and one discharge with missing information in each of FFY 2016, 2017, and 2018. See technical appendix for more information.

Data source: Massachusetts Acute Hospital

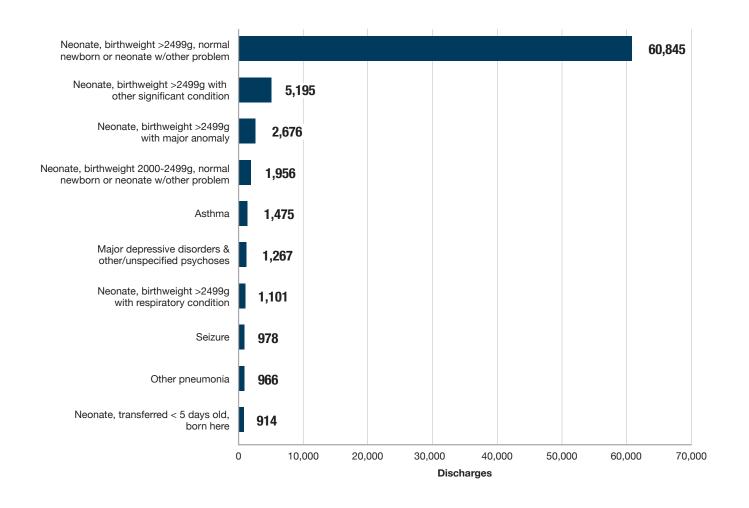


Hospital Inpatient Discharges by Most Common APR-DRGs, 2019



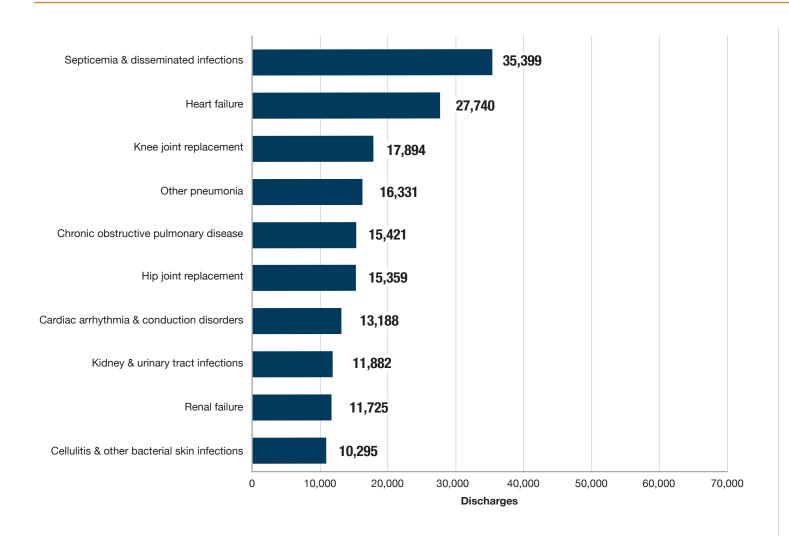
Note: The All Patient Refined-Diagnosis Related Groups (APR-DRGs) are a severity and riskadjusted classification system that provides means of adjusting for patient differences. The discharge diagnosis classification is based on APR-DRG version 30.0. See technical appendix for more

Hospital Inpatient Discharges by Most Common APR-DRGs among Patients Aged 0-17, 2019



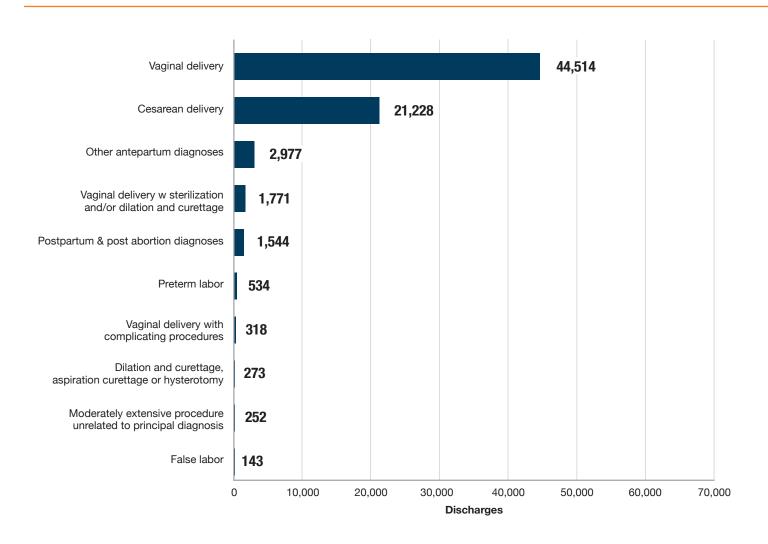
Note: The All Patient Refined-Diagnosis Related Groups (APR-DRGs) are a severity and riskadjusted classification system that provides a means of adjusting for patient differences. The discharge diagnosis classification is based on APR-DRG version 30.0. See technical appendix for more information. This analysis excludes 17 discharges missing age information.

Hospital Inpatient Discharges by Most Common APR-DRGs among Non-Obstetric Patients Aged 18+, 2019



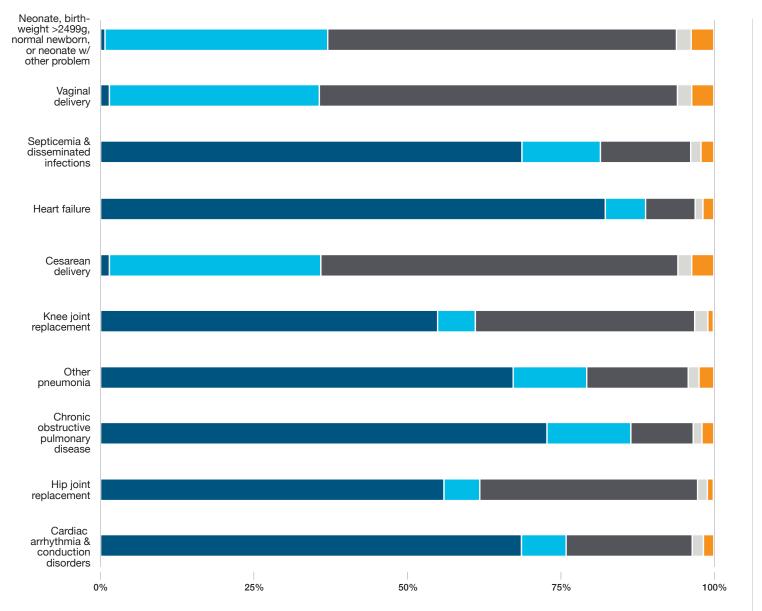
Note: The All Patient Refined-Diagnosis Related Groups (APR-DRGs) are a severity and riskadjusted classification system that provides a means of adjusting for patient differences. The discharge diagnosis classification is based on APR DRG version 30.0. This analysis excludes 17 discharges missing age information. See technical appendix for more information.

Hospital Inpatient Discharges by Most Common APR-DRGs among Obstetric Patients Aged 18+, 2019



Note: The All Patient Refined-Diagnosis Related Groups (APR-DRGs) are a severity and riskadjusted classification system that provides a means of adjusting for patient differences. The discharge diagnosis classification is based on APR DRG version 30.0. This analysis excludes 17 discharges missing age information. See technical appendix for more information.

Most Common APR-DRGs by Expected Primary Payer Type, 2019





Medicare

Medicaid

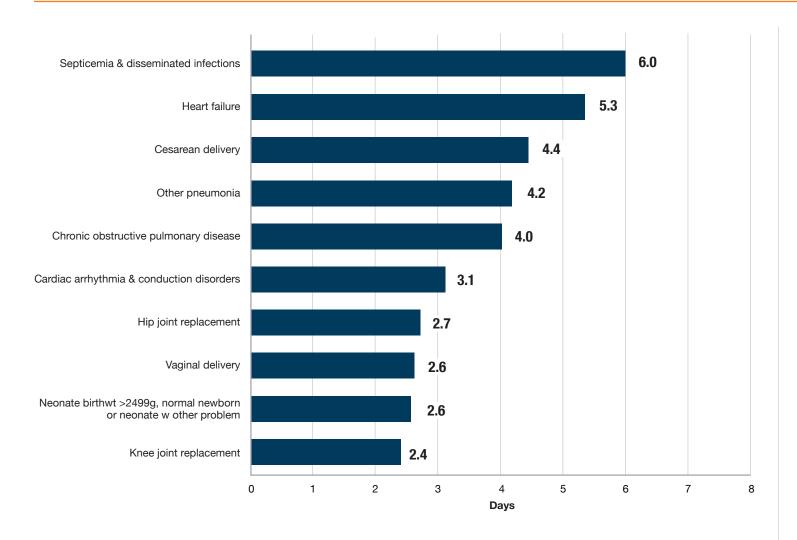
■ Commercial

Other

Self-Pay

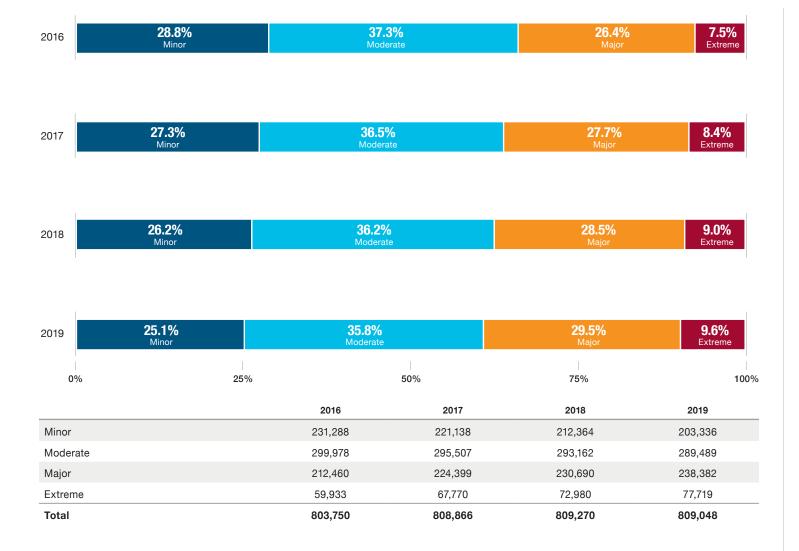
Note: The All Patient Refined-Diagnosis Related Groups (APR-DRGs) are a severity and riskadjusted classification system that provides a means of adjusting for patient differences. The discharge diagnosis classification is based on APR DRG version 30.0. Analysis includes information on expected primary payer type as provided by the hospital, and does not include information on secondary or supplemental payer information. Other insurance includes Worker's Compensation, Other Government Payment, Auto Insurance, and Dental Plans. See technical appendix for more information.

Average Length of Stay by Most Common APR-DRGs, 2019



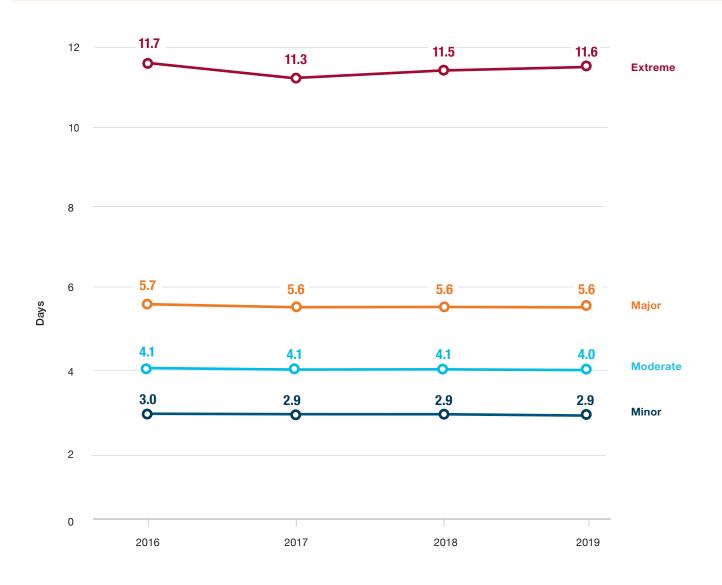
Note: The All Patient Refined-Diagnosis Related Groups (APR-DRGs) are a severity and riskadjusted classification system that provides a means of adjusting for patient differences. The discharge diagnosis classification is based on APR DRG version 30.0. Length of stay (LOS) is calculated by subtracting the admission date from the discharge date. See the technical appendix for more information.

Hospital Inpatient Discharges by APR-DRG Severity, 2016-2019



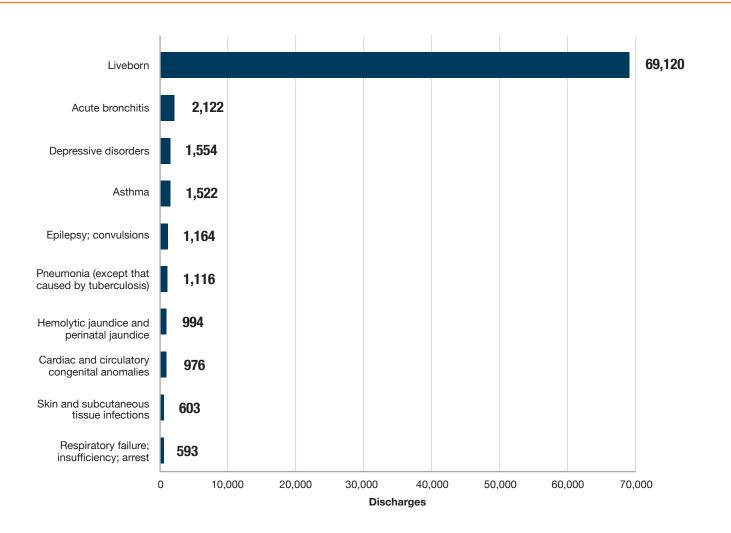
Note: The All Patient Refined-Diagnosis Related Groups (APR-DRGs) are a severity and riskadjusted classification system that provides a means of adjusting for patient differences. All APR-DRGs have 4 severity of illness subclasses calculated mainly on the patient's provided secondary diagnoses as well as the patient's age and non-operating room procedures (1="Minor", 2="Moderate", 3="Major", and 4="Extreme"). The discharge diagnosis classification is based on APR DRG version 30.0. Percentages may not sum to the total due to rounding and missing APR-DRG and SOI data. The number of discharges with missing data was 91 in FFY 2016, 52 in FFY 2017, 74 in FFY 2018, and 122 in FFY 2019. See technical appendix for more information.

Average Length of Stay by APR-DRG Severity, 2016-2019



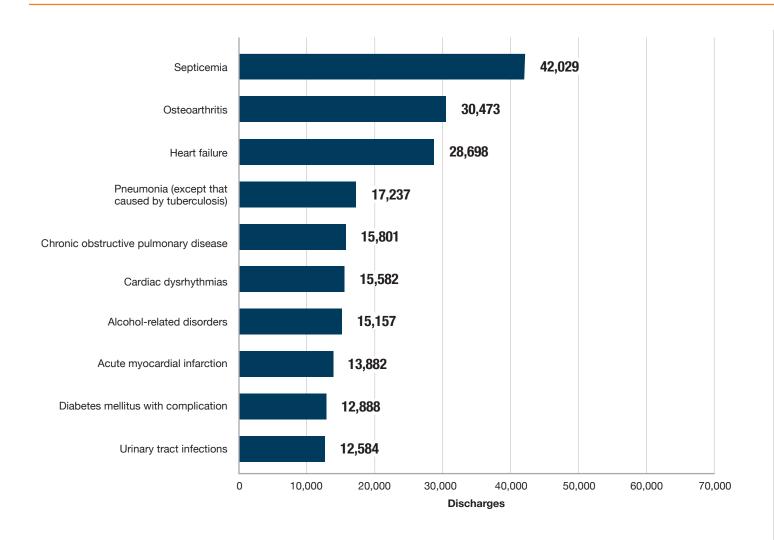
Note: The All Patient Refined-Diagnosis Related Groups (APR-DRGs) are a severity and riskadjusted classification system that provides a more effective means of adjusting for patient differences. All APR-DRGs have 4 severity of illness subclasses calculated mainly on the patient's provided secondary diagnoses as well as the patient's age and non-operating room procedures (1="Minor", 2="Moderate", 3="Major", and 4="Extreme"). The discharge diagnosis classification is based on APR DRG version 30.0. Length of stay (LOS) is calculated by subtracting the admission date from the discharge date. This analysis excludes a small number of discharges with missing data. See the technical appendix for more information.

Most Common Primary CCSR Diagnoses among Patients Aged 0-17, 2019



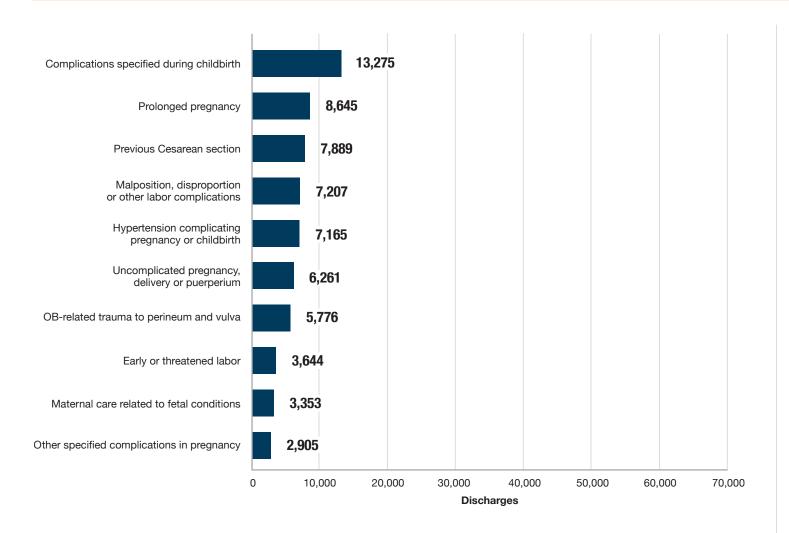
Note: Discharges were grouped into one of three groups: ages 0-17, age 18 or older with an obstetric primary diagnosis, and age 18 or older without an obstetric primary diagnosis. For this analysis, discharges were categorized into clinical meaningful mutually exclusive categories based on the listed primary diagnosis code using the Clinical Classifications Software Refined (CCSR) for ICD-10-CM diagnoses developed by the Agency for Healthcare Research and Quality (AHRQ). This analysis excludes 17 discharges missing age information. See technical appendix for more information.

Most Common Primary CCSR Diagnoses among Non-Obstetric Patients Aged 18+, 2019



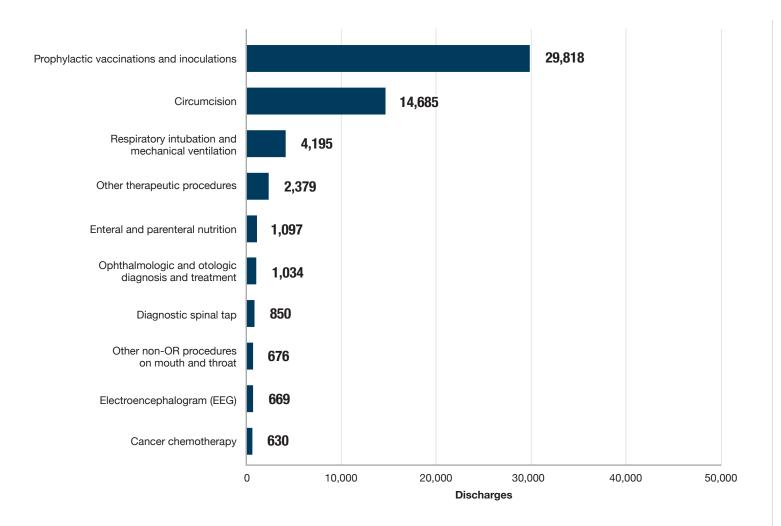
Note: Discharges were grouped into one of three groups: ages 0-17, age 18 or older with an obstetric primary diagnosis, and age 18 or older without an obstetric primary diagnosis. For this analysis, discharges were categorized into clinical meaningful mutually exclusive categories based on the listed primary diagnosis code using the Clinical Classifications Software Refined (CCSR) for ICD-10-CM diagnoses developed by the Agency for Healthcare Research and Quality (AHRQ). This analysis excludes 17 discharges missing age information. See technical appendix for more information.

Most Common Primary CCSR Diagnoses among Obstetric Patients Aged 18+, 2019



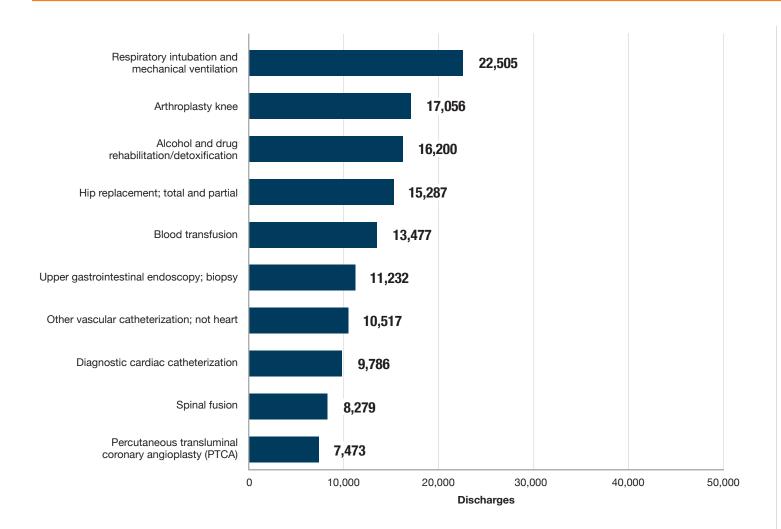
Note: Discharges were grouped into one of three groups: ages 0-17, age 18 or older with an obstetric primary diagnosis, and age 18 or older without an obstetric primary diagnosis. For this analysis, discharges were categorized into clinical meaningful mutually exclusive categories based on the listed primary diagnosis code using the Clinical Classifications Software Refined (CCSR) for ICD-10-CM diagnoses developed by the Agency for Healthcare Research and Quality (AHRQ). This analysis excludes 17 discharges missing age information. See technical appendix for more information.

Most Common Principal CCS Procedures among Patients Aged 0-17, 2019



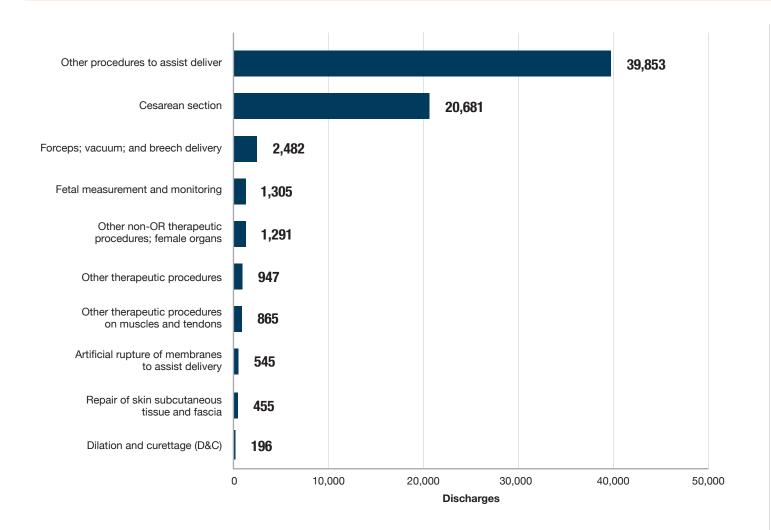
Note: Discharges were grouped into one of three groups: ages 0-17, age 18 or older with an obstetric primary diagnosis, and age 18 or older without an obstetric primary diagnosis. For this analysis, discharges were categorized into clinically meaningful mutual exclusive categories based on the listed primary procedure code using the Clinical Classifications Software for Services and Procedures (CCS-Services and Procedures) developed by the Agency for Healthcare Research and Quality (AHRQ). This analysis excludes 17 discharges missing age information. See technical appendix for more information.

Most Common Principal CCS Procedures among Non-Obstetric Patients Aged 18+, 2019



Note: Discharges were grouped into one of three groups: ages 0-17, age 18 or older with an obstetric primary diagnosis, and age 18 or older without an obstetric primary diagnosis. For this analysis, discharges were categorized into clinically meaningful mutual exclusive categories based on the listed primary procedure code using the Clinical Classifications Software for Services and Procedures (CCS-Services and Procedures) developed by the Agency for Healthcare Research and Quality (AHRQ). This analysis excludes 17 discharges missing age information. See technical appendix for more information.

Most Common Principal CCS Procedures among Obstetric Patients Aged 18+, 2019



Note: Discharges were grouped into one of three groups: ages 0-17, age 18 or older with an obstetric primary diagnosis, and age 18 or older without an obstetric primary diagnosis. For this analysis, discharges were categorized into clinically meaningful mutual exclusive categories based on the listed primary procedure code using the Clinical Classifications Software for Services and Procedures (CCS-Services and Procedures) developed by the Agency for Healthcare Research and Quality (AHRQ). This analysis excludes 17 discharges missing age information. See technical appendix for more information.

Notes

- 1 MassGIS, "MassGIS Data: Acute Care Hospitals," date last modified October 20, 2020, https://docs.digital.mass.gov/dataset/massgis-data-acute-carehospitals.
- 2 See note 1.
- 3 U.S. Census Bureau, "ACS Demographic and Housing Estimates," 2015-2019 American Community Survey 5-Year Estimates (Massachusetts), Explore Census Data, accessed December 10, 2020, https://data.census. gov/cedsci/.





For more information, please contact:

CENTER FOR HEALTH INFORMATION AND ANALYSIS

501 Boylston Street Boston, MA 02116 www.chiamass.gov @Mass_CHIA

(617) 701-8100